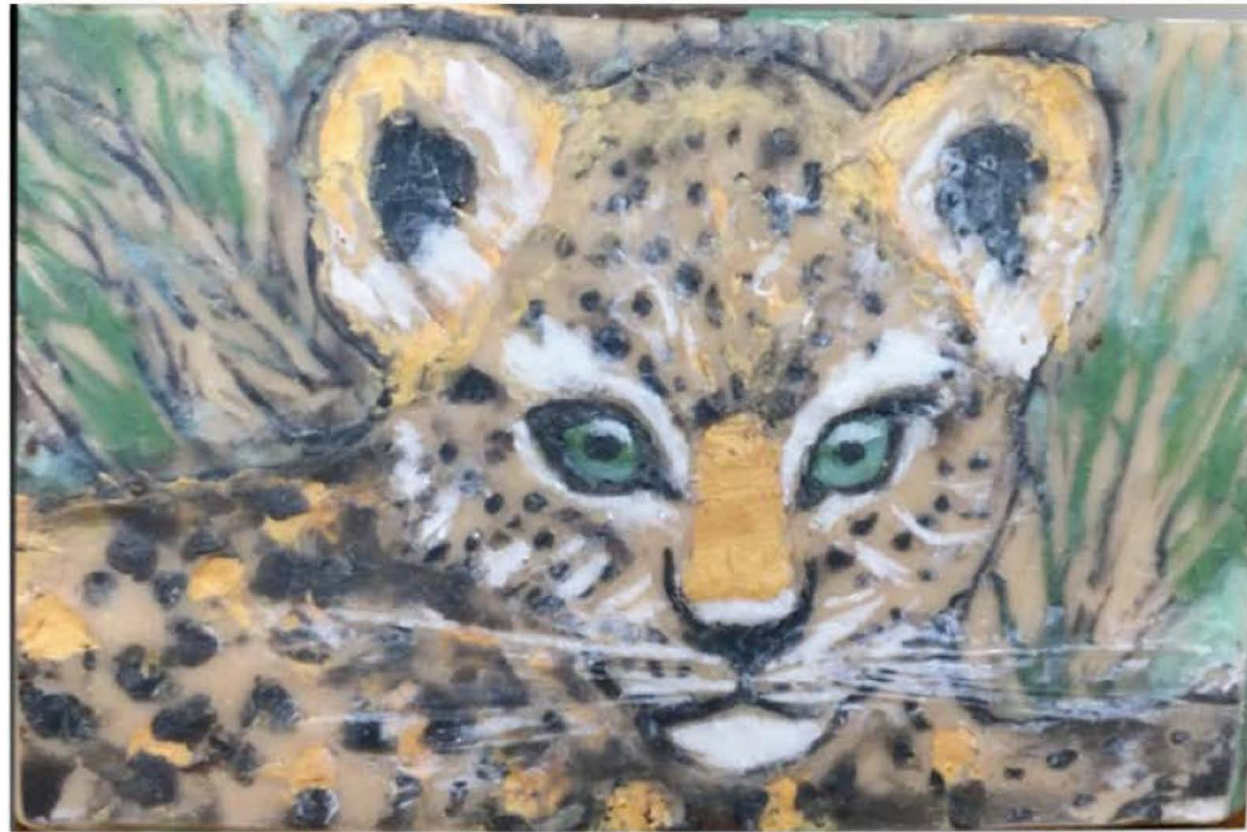


Dr. GRACE E HOLLOWAY, Ph.D.

CREATING SOAP ART

Part 7



DRAFT EDITION

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CHAPTER 1

Igneous Intrusion Lavender Soap Making



I love a good, strong Lavender, mostly white soap. In addition, I find that Lavender essential oil accelerates trace fairly rapidly. I wanted a little burst of color in my soap for interest and decided to use a split cup to add the color. I began by pouring a white layer of Lavender soap, then, when it has set a bit, I poured lines color from the split cup to one side. I finished the pour by adding white Lavender soap to the same side, which pushed the color to the other side in an interesting fashion.

Soap Recipe:

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

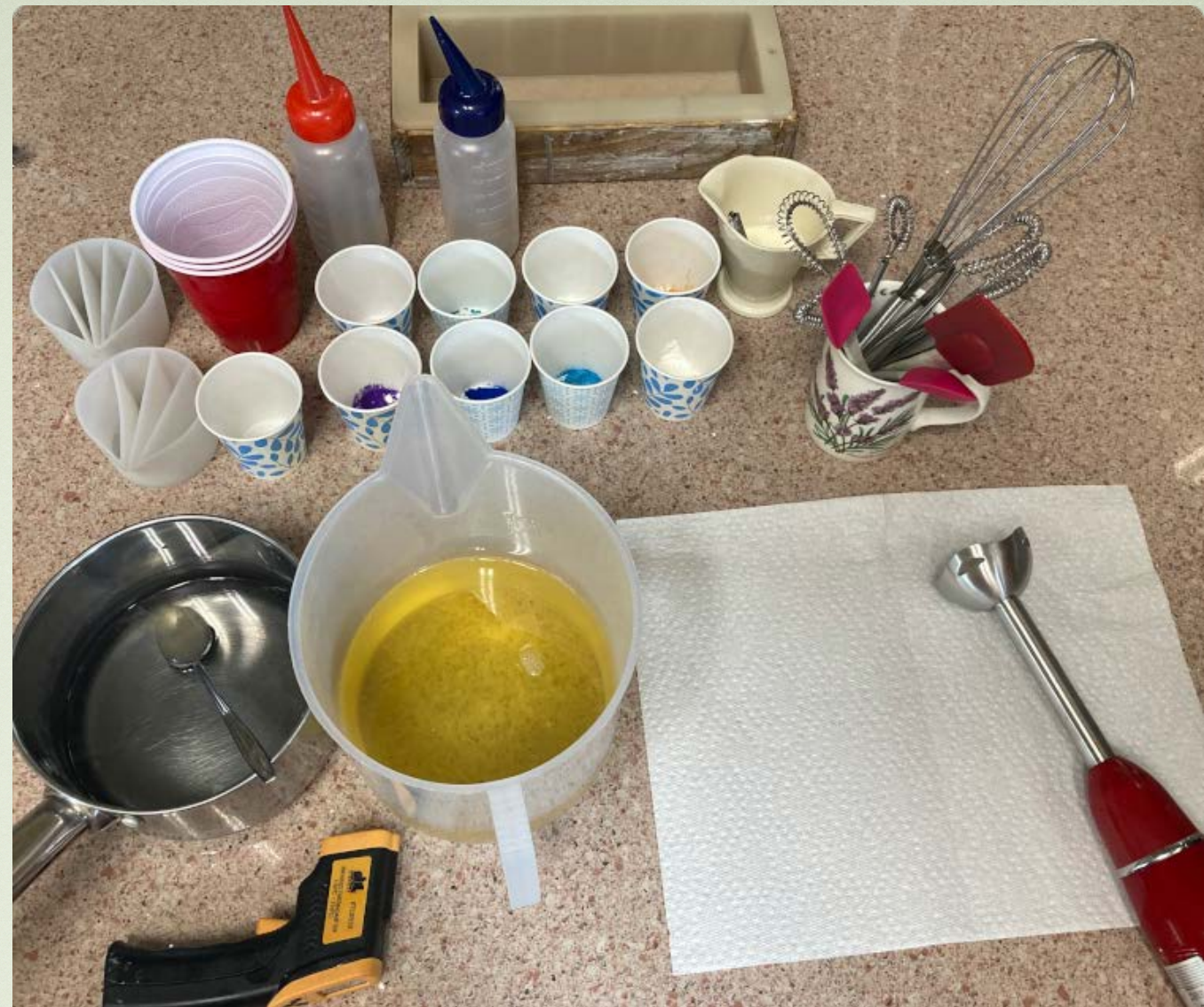
Colors:

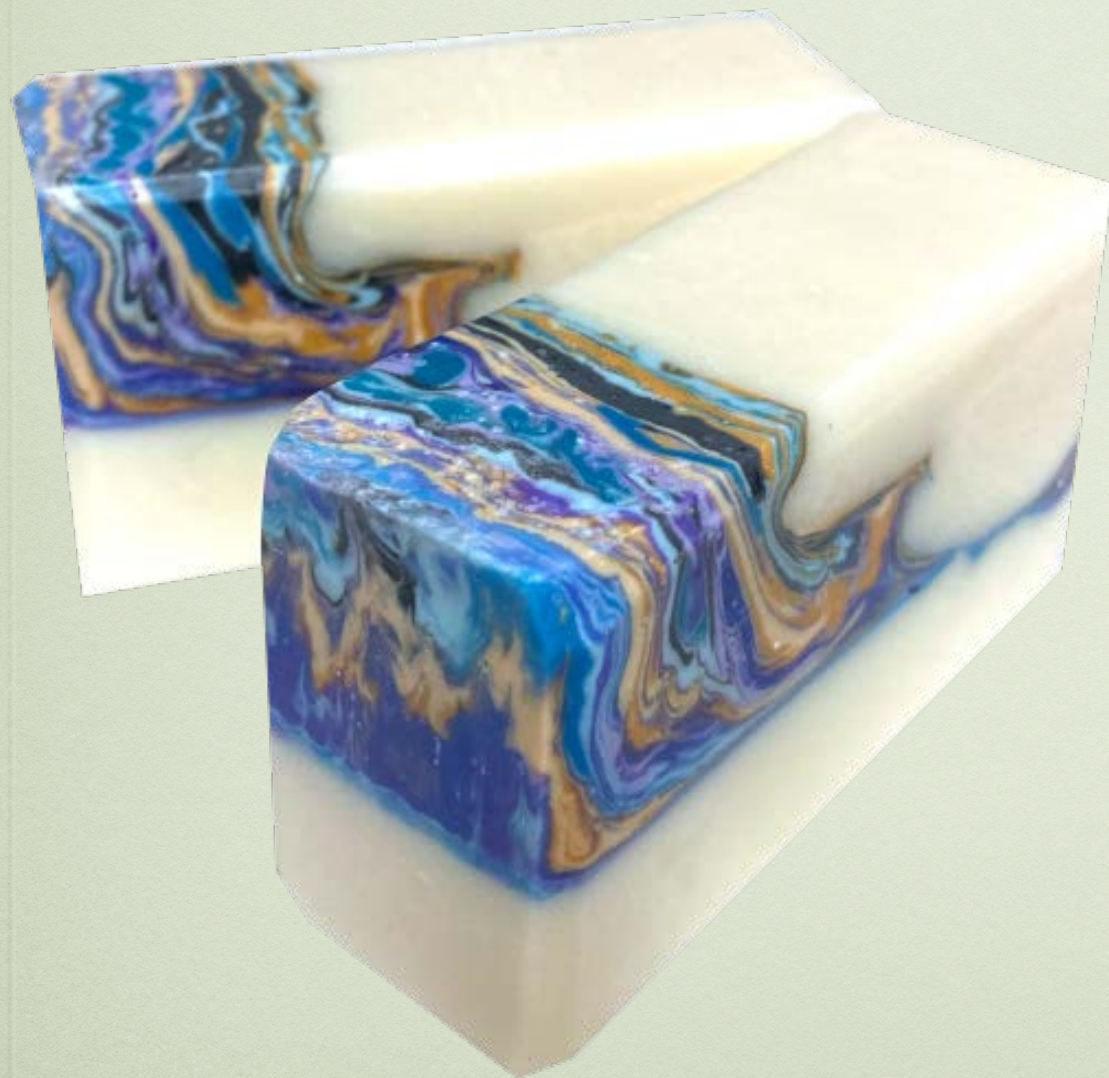
1. 1/8 tsp Activated Charcoal
2. 1/4 tsp Teal
3. 1/4 tsp Caribbean Blue
4. 1/4 tsp Midnight Blue
5. 1/2 tsp Gold Enviroglitter
6. 1/4 tsp Orchid Purple
7. 1/8 tsp Gold Enviroglitter + 1/4 tsp White
8. 1/8 tsp Caribbean Blue + 1/4 tsp White
9. 1/8 tsp Orchid Purple + 1/4 tsp White

Fragrance:

1. 0.3 oz Organic Jojoba Oil
2. 1.0 oz Organic Lavender Essential Oil
3. 1 TBS White

This fragrance (Lavender Essential Oil) accelerates trace at a medium fast rate. The less you mix the soap, the more time you will have.





Right click the image to open the video in a new window

Igneous Intrusion Lavender Soap Making



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CHAPTER 2

Mars Soap Making



I love to look at the pictures taken by JPL's Mars rovers. The rovers are marvels of engineering that send remarkable pictures from the surface of Mars to earth. This Mars soap was made with beautiful copper, orange and other Mars inspired colors poured to suggest a Mars landscape with an imminent dust storm. The fragrance I chose for this soap was a combination of Organic Orange, Patchouli and Clove Essential oils.

Soap Recipe:

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Colors:

1. 1/8 tsp Activated Charcoal
2. 1/4 tsp Orange Vibrance
3. 1/4 tsp Copper Penny
4. 1/4 tsp Pink Brazilian Clay
5. 1/2 tsp Sahara Gold
6. 1/8 tsp Gray + 1/2 tsp Bentonite Clay
7. 1/8 tsp Mocha Brown
8. 1 tsp White

Fragrance:

1. 0.35 oz Organic Jojoba Oil
2. 0.75 oz Organic Orange Essential Oil
3. 0.20 oz Clove Essential oil (about)





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Mars Soap Making



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CHAPTER 3

Luxurious Creamy Dreamy Organic All Natural Lavender Spearmint Soap Making



This humble but magnificent soap is one of my favorites to use. It is made with real silk and with organic oils and butters including moisturizing Shea butter and Jojoba oil, and is scented with Organic Lavender and Spearmint Essential Oils. It produces an amazing lather and is satisfyingly soft and creamy. The fragrance is sweet but natural, and the Spearmint oil cools the skin slightly. I mixed the soap batter with only a whisk to make it extra smooth with no bubbles. I used a plastic Cake Fondant Embossing press to give an elegant finish to each bar.

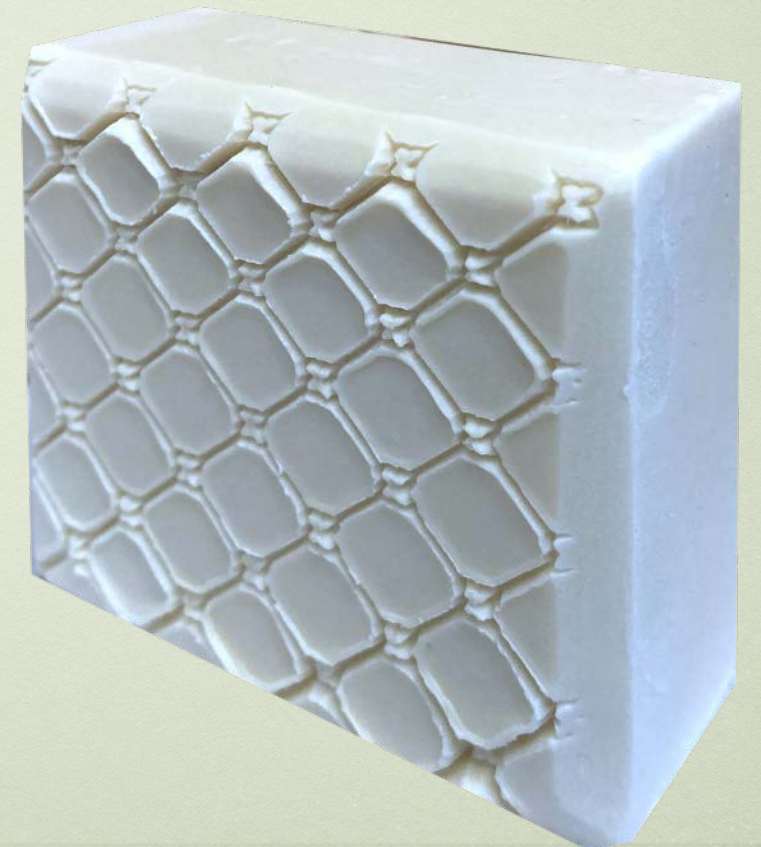
Soap Recipe:

1. 24 oz Organic Coconut Oil
2. 24 oz Organic Olive Oil
3. 20.2 oz of Organic Shea butter
4. 18.2 oz of Filtered Water
5. 9.6 oz of Food Grade NaOH
6. 2 Cotton balls size Tussah silk
7. 1.7 oz Titanium Dioxide

1. 0.6 oz Organic Jojoba Oil
2. 1.2 oz Organic Spearmint Essential Oil
3. 1.1 oz Organic Lavender Essential Oil

These plastic presses work very well on freshly made and cut soap. I have found that even after a day of curing, the soap becomes too hard to make a beautiful, even impression with these presses.

I used one of these fondant presses to make the pattern on the front.





Right click the image to open the video in a new window

Luxurious Creamy Dreamy Organic All Natural Lavender Spearmint Soap Making



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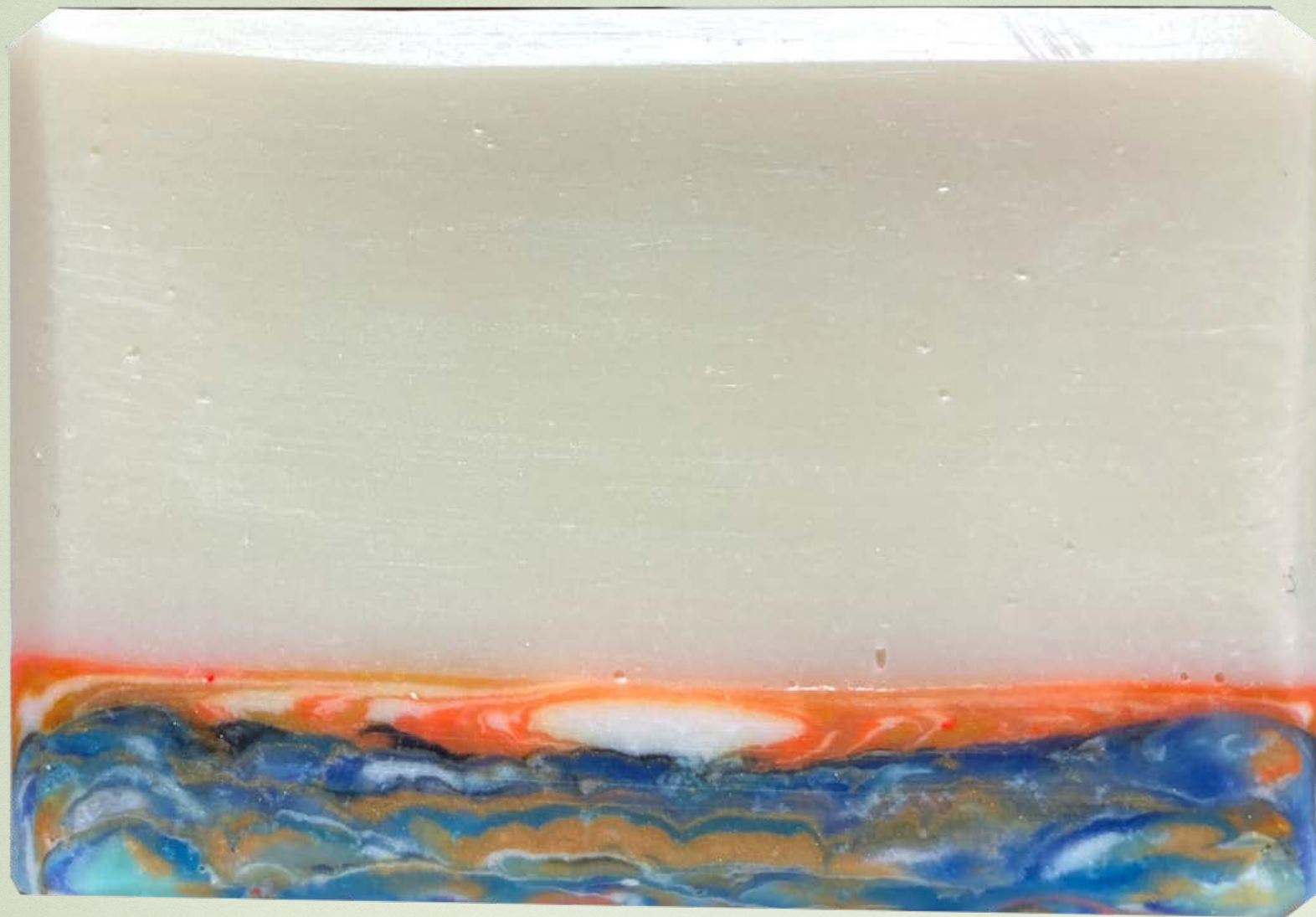
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CHAPTER 4

White Horizon Lavender Spearmint Soap Making



The sun is just peeking over the horizon and its light is dancing over the land and sea. But the most overwhelming impression is that of vast open space from the great white horizon and the feeling that the day looks like it's going to be a hot one. No worries, Spearmint Essential oil comes the rescue. The scent of Lavender and Spearmint fills the air as the creamy soap cleanses, cools and moisturizes the skin. The splash of color on a mostly white bar adds interest and delight to this satisfying soap.

Soap Recipe:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Fragrance:

1. 0.6 oz Organic Jojoba Oil
2. 1.2 oz Organic Spearmint Essential Oil
3. 1.1 oz Organic Lavender Essential Oil
4. 1 TBS White

Colors:

1. 1 tsp White
2. 1/8 tsp Yellow Vibrance
3. 1/8 tsp Orange Vibrance
4. 1/8 tsp Neon Orange
5. 1/8 tsp Neon Orange Red
6. 1/8 tsp Midnight Blue
7. 1/8 tsp Sea Green
8. 1/8 tsp Sky Blue
9. 1/8 tsp Activated Charcoal
10. 1/8 tsp Caribbean Blue
11. 1/4 tsp Sahara Gold



The split cups can be found [here](#).



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White Horizon Lavender Spearmint Soap Making



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CHAPTER 5

Earthrise Soap Making



A new study suggests that there are around 700 quintillion planets in the universe, but only one like Earth. At present, Earth is the only example we have of a planet with life. In addition, the variety and complexity of the life here is unfathomable. Marvelous beauty combined with function at every turn forms an awesome habitation for all of us. This soap design captures the awe and wonder of the earth from a different perspective - that of the view of the earth from our barren, reflective moon.

Soap Recipe for earths:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

I used part of this batch for another soap. You would only need enough soap to fill the cylinder column molds that you use. Each cylinder mold holds 6 oz of soap so I used 12 oz of soap to make two cylinders of earth.

Soap Recipe for Black Space

1. 6 oz Organic Coconut Oil
2. 6 oz Organic Olive Oil
3. 5.05 oz of Organic Shea butter
4. 4.55 oz of Filtered Water
5. 2.4 oz of Food Grade NaOH
6. 1/2 Cotton ball size Tussah silk

Soap Recipe for Moon:

1. 6 oz Organic Coconut Oil
2. 6 oz Organic Olive Oil
3. 5.05 oz of Organic Shea butter
4. 4.55 oz of Filtered Water
5. 2.4 oz of Food Grade NaOH
6. 1/2 Cotton ball size Tussah silk

The earths were made by pouring blue and white soap from a split cup into cylindrical column molds.

Earth Colors:

1. 1/4 tsp Midnight Blue
2. 1 TBS White

No fragrance was added to the earths.

The cured earths were cut to fit snugly in the pink log molds.

I made two molds. For one, I made it fragrance free (I added 0.25 Organic Jojoba Oil to this one). For the other I added the following to the black soap:

1. 0.25 oz Organic Jojoba Oil
2. 0.50 oz Dark Patchouli Essential Oil
3. 0.15 oz Bay Rum Fragrance Oil

Color: 1/4 tsp Activated Charcoal

Colors for the Moon:

1. 2 TBS White
2. 1/2 tsp Gray
3. 1/8 tsp Activated Charcoal

I added 0.45 oz Organic Spearmint Essential Oil to the mold with fragrance.



The split cups can be found here.





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Earth Rise Soap Making



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CHAPTER 6

Rustic Soap Making



All natural, Earth tone colors are used along with organic oils and shea butter to make a handsome, rustic soap. The soap is divided in half, given two different color schemes then poured and parted easily to form attractive bands. Cooling Organic Spearmint Essential oil is added to provide a refreshing wash on a hot day.

Soap Recipe for White:

1. 3 oz Organic Coconut Oil
2. 3 oz Organic Olive Oil
3. 2.55 oz of Organic Shea butter
4. 2.3 oz of Filtered Water
5. 1.2 oz of Food Grade NaOH
6. 1 TBS Titanium Dioxide added to the hot lye water
(be careful not to breath the fumes)

Soap Recipe for Reddish Hue:

1. 3 oz Organic Coconut Oil
2. 3 oz Rhubarb infused Organic Olive Oil
3. 2.55 oz of Organic Shea butter
4. 2.3 oz of Filtered Water
5. 1.2 oz of Food Grade NaOH



To make the Rhubarb infusion, I measured 7.4 oz of Olive oil into a pitcher. I added 1/2 tsp of Rhubarb Root Powder to the oil and stirred. I then microwaved the oil for 1 minute. I mixed again, covered and let sit overnight. The next day, without stirring, I measured 3 oz of this oil into a pitcher through a wire mesh strainer like a tea strainer.

Soap Recipe for Center Greens:

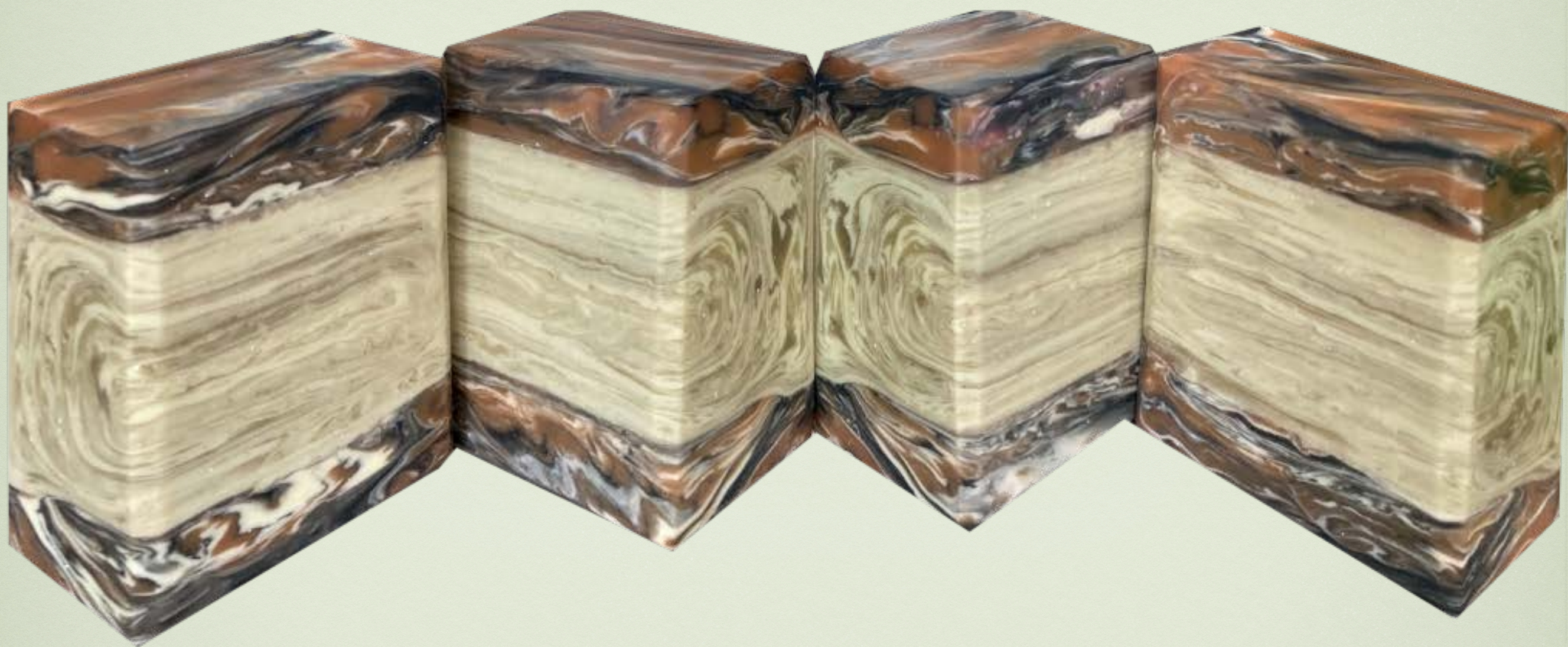
1. 6 oz Organic Coconut Oil
2. 6 oz Organic Olive Oil
3. 5.05 oz of Organic Shea butter
4. 4.55 oz of Filtered Water
5. 2.4 oz of Food Grade NaOH
6. 1/2 Cotton ball size Tussah silk

Colors:

1. 1/8 tsp Activated Charcoal added to 2 oz of soap
2. 1 tsp Bentonite clay added to 4 oz of soap
3. 1 tsp Dead Sea Clay added to 4 oz of soap

Fragrance:

1 oz Organic Spearmint Essential Oil + 0.35 oz Organic Jojoba Oil
I split the fragrance oil among the greens, black and white soap.



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Rustic Soap Making



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CHAPTER 7

Ylang Ylang Lavender Shaving Soap Making



Studies have shown that Ylang Ylang Essential oil acts as a relaxant and reduces pain. The lavender oil is also believed to have sedative, carminative, anti-depressive, anti-microbial and anti-inflammatory properties.

The combination of these two essential oils has a beautiful fragrance and the Bentonite clay added to the soap along with moisturizing Jojoba Oil makes the soap a wonderful shaving soap. For the design, thin bands of earth tone colors cradle a silky, slightly greenish white soap.

Soap Recipe

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Colors:

1. 1/8 tsp Activated Charcoal
2. 1/4 tsp Green Oxide
3. 1/2 tsp Laurel Green
4. 1/2 tsp Sahara Gold
5. 1/4 tsp Lustrous Brown



Fragrance:

- 0.6 oz Organic Lavender Essential Oil
- 0.4 oz Ylang Ylang Essential Oil
- 0.35 oz Organic Jojoba Oil
- 1 tsp Bentonite clay
- 1 tsp White



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Ylang Ylang Lavender Shaving Soap Making



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CHAPTER 8

Vintage Abstract Rose All Natural Banded Soap Making



A beautiful abstract rose design bounded by ribbony bands of all natural color is fairly easy to pour in one go. Pink Grapefruit, Black Pepper, Cardamon, and Litsea Cuba Essential oils combine to provide a sumptuous and warm lemon cake-like fragrance you won't want to stop smelling. The middle band swirl is just one of many awesome swirls you can easily put bands around. This technique can turn any so-so swirl into an ooh-la-la beauty.

Soap Recipe

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk
7. 2 TBS Titanium Dioxide added to the Lye Silk Water

Colors:

1. 1/4 tsp Activated Charcoal
2. 2 tsp Calamine Clay
3. 2 tsp Rose Clay

You can find the split cups [here](#).



Fragrance:

1. 0.25 oz Organic Jojoba Oil
2. 0.45 oz Litsea Cubeba Essential Oil
3. 0.40 oz Organic Black Pepper Essential Oil
4. 0.35 oz Pink Grapefruit Essential Oil
5. 0.30 oz Cardamom Essential Oil



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Vintage Abstract Rose All Natural Banded Soap Making



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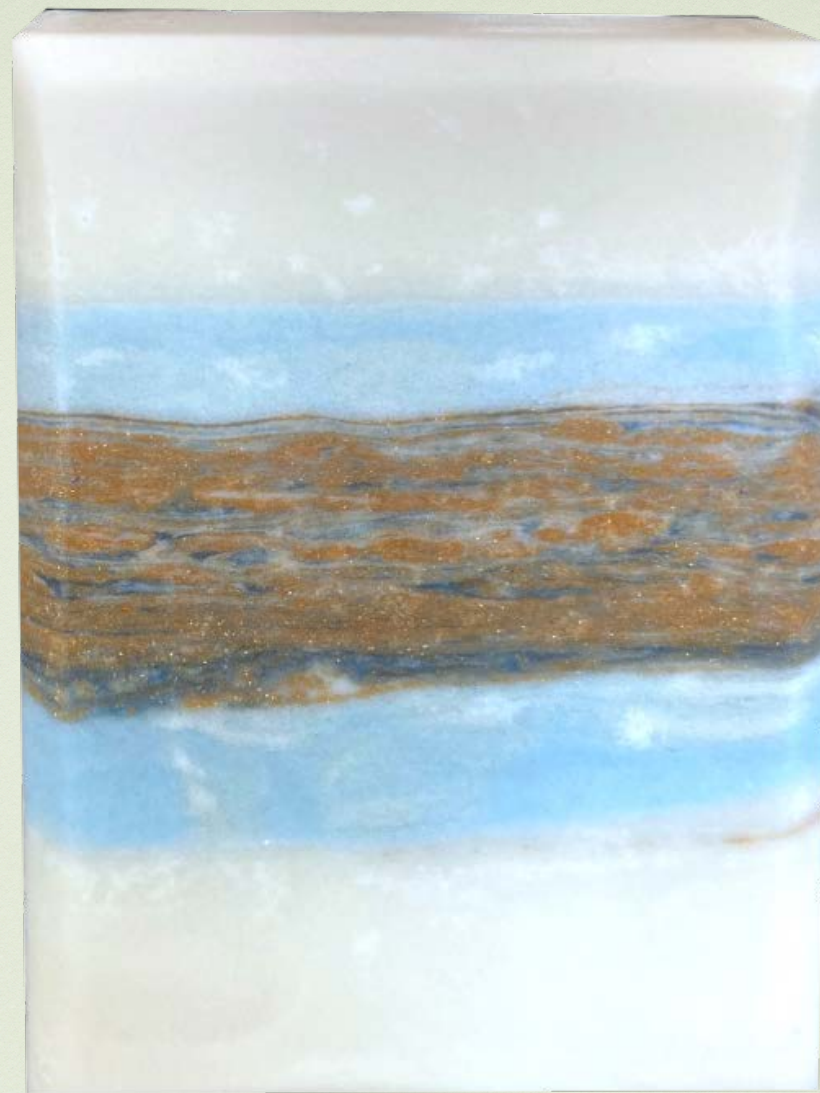
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CHAPTER 9

Shimmering Sands Soap Making



Shimmering sands and sparkling waters are suggested by a shimmering gold band bounded by light blue and white bands. Spearmint and Orange essential oils give it a sweet, cooling fragrance that's great for summer.

Soap Recipe

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Colors:

1. 2 tsp Gold Enviroglitter +2 tsp Sahara Gold
2. 1/2 tsp Gray
3. 1/2 tsp Blue Sky
4. 1 TBS White

Fragrance:

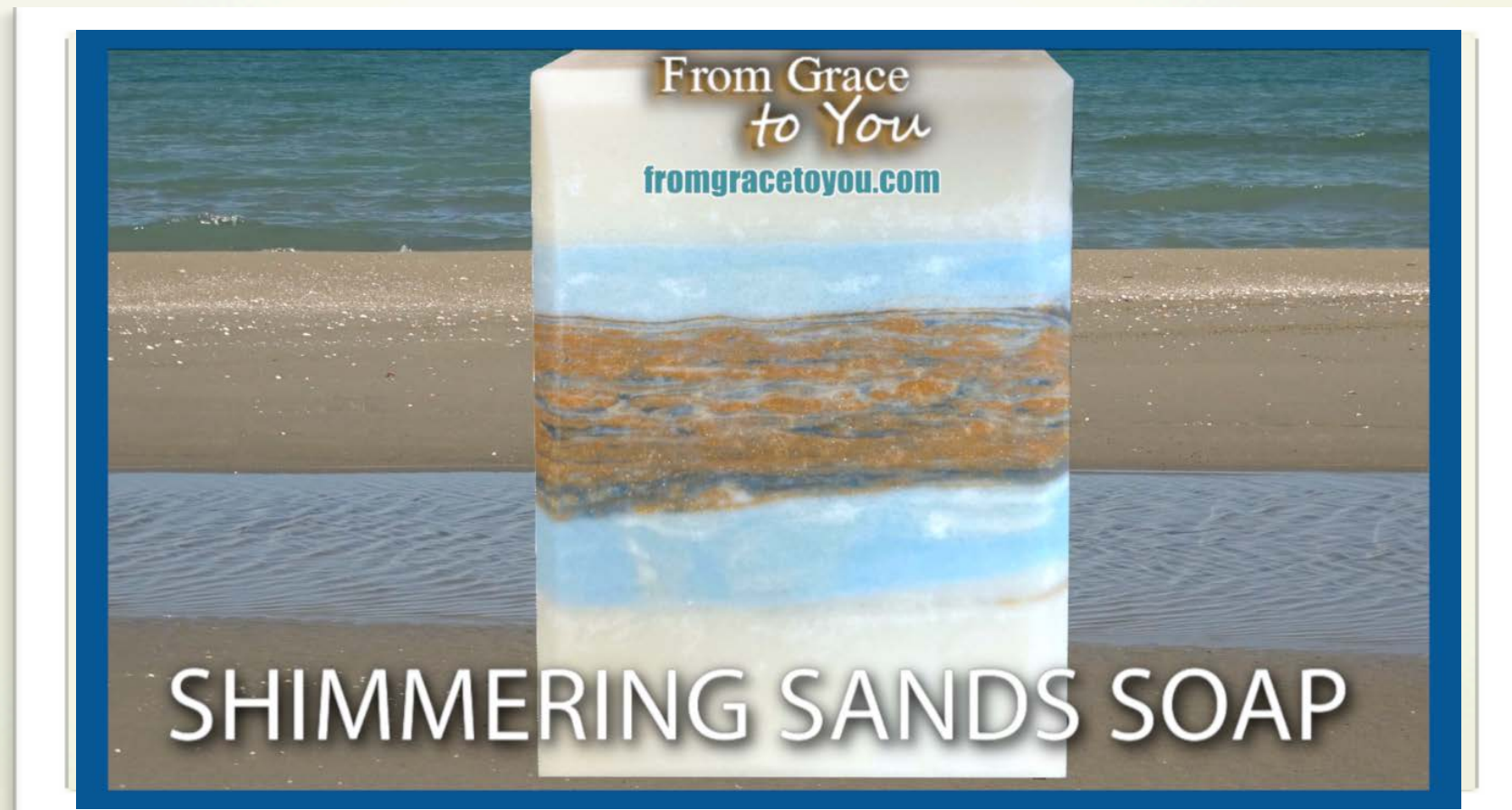
1. 0.25 oz Organic Jojoba Oil
2. 0.60 oz Organic Spearmint Essential Oil
3. 0.60 oz Organic Orange Essential Oil
4. 2 TBS Winter White





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Shimmering Sands Soap Making



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CHAPTER 10

Summer Breeze Soap Making



Gold and Mint Green paisley-like swirls suggest vegetation blowing in a breeze. Like a breath of fresh air, Organic Spearmint Essential oil and Perfect Man Fragrance oil blend to give a delightful fragrance like that of a fragrant, summer breeze. Avocado oil in the soap recipe gives this soap a beautiful shine.

Soap Recipe

1. 8.5 oz Organic Coconut Oil
2. 11.8 oz Olive Oil
3. 13.5 oz Avocado Oil
4. 9.0 oz of Filtered Water
5. 4.7 oz of Food Grade NaOH
6. 2 TBS Titanium dioxide added to the lye water.

Colors:

1. 1 tsp Gold Enviroglitter +1 tsp Sahara Gold
2. 1/4 tsp Green Oxide
3. 1/2 tsp Laurel Green
4. 1/8 tsp Activated Charcoal



Fragrance:

1. 0.25 oz Organic Jojoba Oil
2. 1.00 oz Organic Spearmint Essential Oil
3. 0.15 oz Perfect Man Fragrance Oil
4. 1 tsp Winter White





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Summer Breeze Soap Making



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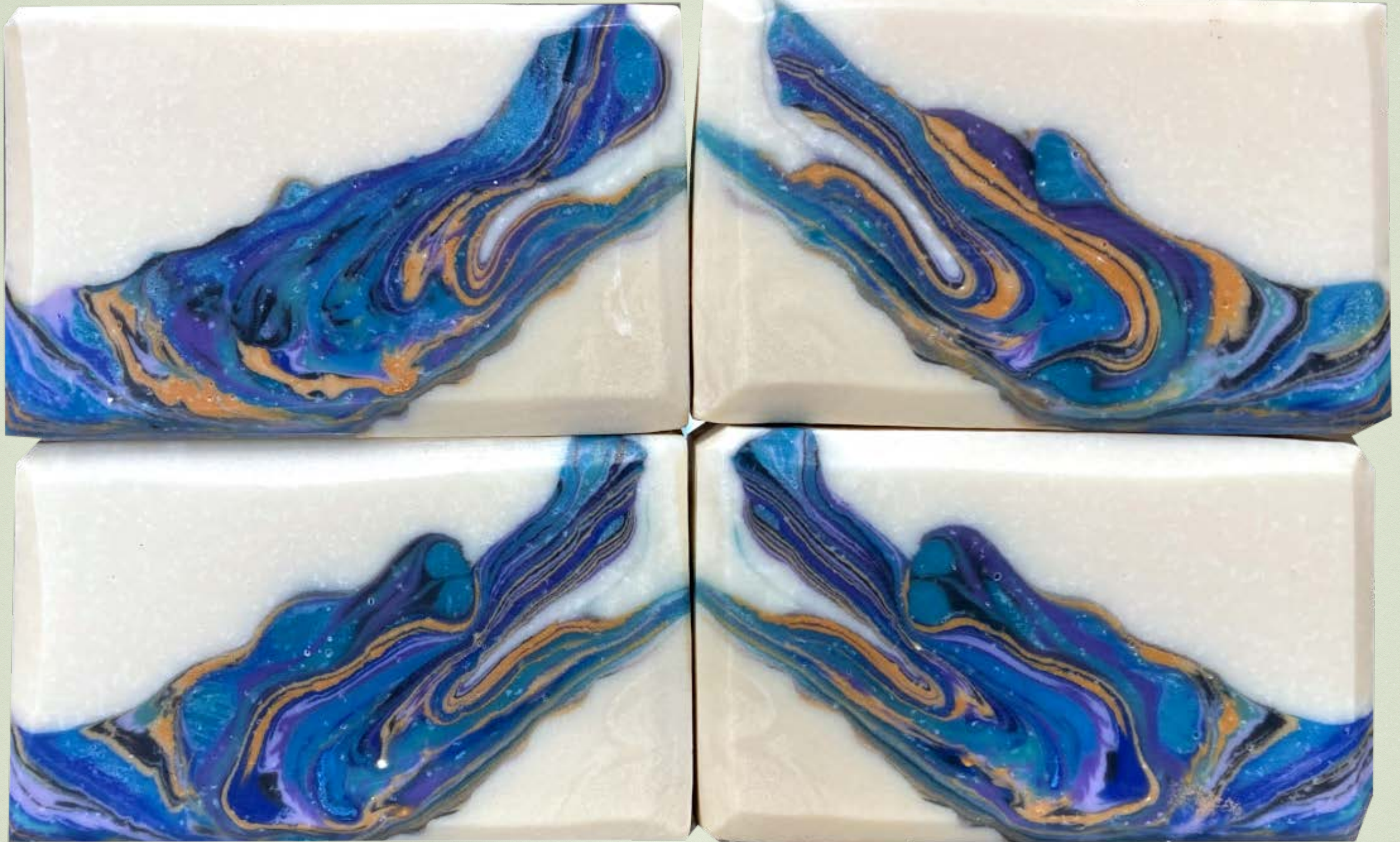
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CHAPTER 11

Crocodile Blues Soap Making



Cascading colors poured from a split cup into a mold at an angle can produce the look of a gaping crocodile. A medium-fast tracing fragrance combination of Ylang Ylang ,Clove Essential Oil and 5 fold Orange Essential oil contributes to the properties of this pour that gives this effect.

Soap Recipe

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Colors:

1. 1/8 tsp Activated Charcoal
2. 1/4 tsp Teal
3. 1/4 tsp Caribbean Blue
4. 1/4 tsp Midnight Blue
5. 1/2 tsp Gold Enviroglitter
6. 1/4 tsp Orchid Purple
7. 1/8 tsp Gold Enviroglitter + 1/4 tsp White
8. 1/8 tsp Caribbean Blue + 1/4 tsp White
9. 1/8 tsp Orchid Purple + 1/4 tsp White

Fragrance:

Intsta-trace for the side triangle poured first:

1. 0.3 oz Clove Essential Oil
2. 0.25 oz 5 fold Orange Essential Oil
3. 0.2 oz Ylang Ylang Essential Oil
4. 0.2 oz Organic Jojoba Oil
5. 1 TBS White

For the White Soap poured at the end:

1. 0.30 oz 5 fold Orange Essential Oil
2. 0.25 oz Ylang Ylang Essential Oil
3. 0.30 oz Organic Jojoba Oil
4. 1 TBS White





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Crocodile Blues Soap Making



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CHAPTER 12

Bare Beauty Color Free Fragrance Free Luxurious Organic Soap



Some people just want a luxurious soap with no color or fragrance. Abundant lather, gentle cleansing and superior moisturizing all make this a wonderful soap that anyone would love. Organic Oils and Shea Butter are combined along with extra Organic Jojoba oil added after mixing to emulsion. A simple cookie cutter is used to emboss an elegant yet simple pattern on top.

Soap Recipe

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. 1.0 oz Organic Jojoba Oil added after mixing to light trace.



A cookie cutter was used to make a beautiful, simple pattern on top.





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Bare Beauty Color Free Fragrance Free Luxurious Organic Soap



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CHAPTER 13

Golden Lace Goat Milk Soap Making with an Ice Cream Freezer



My new favorite way to make Goat's Milk soap is with an Ice Cream Freezer. I recently bought some raw Goat's Milk at a local farm and wanted to make soap with it. I poured the milk into my ice cream freezer, where it was chilled to a nice frozen slush- perfect for soap making. I poured the lye directly on top of the frozen slush and mixed it together for my lye solution. I think this is the easiest, most effective way I have ever tried for making Goat's milk soap. I used a fast tracing essential oil blend for this soap (includes clove essential oil) and I show the technique I used to give it a beautiful lacy look.

Soap Recipe

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Fresh Goat's Milk frozen in an ice cream freezer
5. 4.8 oz of Food Grade NaOH



The goat's milk is frozen in the ice cream maker.



The lye is added to the frozen mush and mixed in easily.

You can use any ice cream freezer to freeze the goat's milk.



I used a rectangular conduit, but you can also use a lpvc pipe.



Fragrance blend:

1. 0.6 oz Organic Orange Essential Oil
2. 0.25 oz Clove Essential Oil
3. 0.2 oz Ylang Ylang Essential Oil
4. 0.25 oz Organic Jojoba Oil
5. 1 TBS white



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Golden Lace Goat Milk Soap Making with an Ice Cream Freezer



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CHAPTER 13b-BONUS Chapter

Super Delicious Very Nutritious Frozen Custard Making with Organic Dates and No Refined Sugar



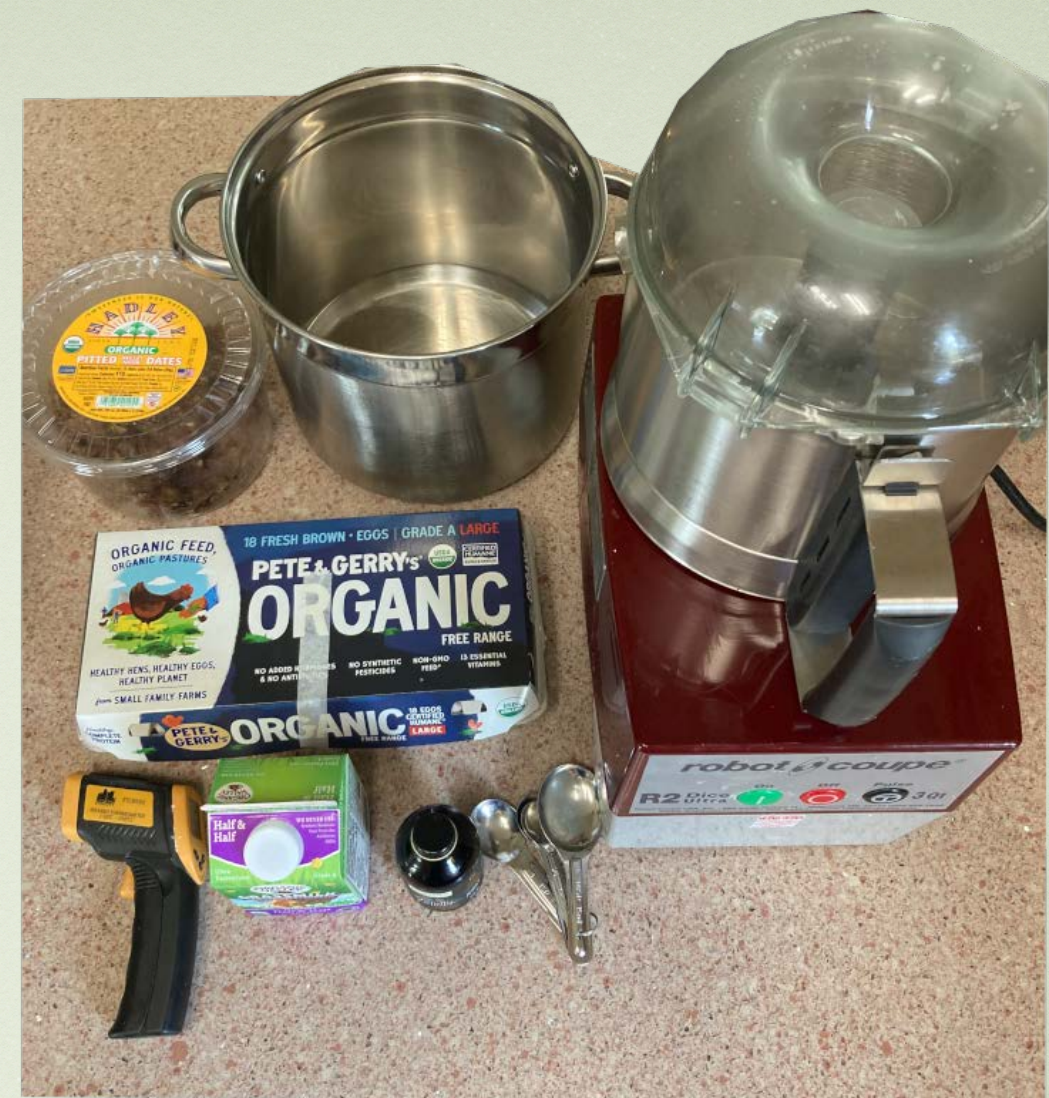
Organic Eggs, Organic half and half, Organic Dates and Vanilla Extract are the only ingredients in this frozen custard recipe. My unique recipe and method for making frozen custard will probably surprise you. Some who have tried this frozen custard said it was the best ice cream they have ever tasted. It is amazingly delicious, smooth and satisfying. The dates add a slightly caramel taste to the vanilla custard. Dates are full of fiber and good nutrition packaged with their natural sugar. I don't add any refined sugar at all, but you wouldn't know that by tasting it. You can add less dates if you wish. Sometimes I add only 1/4 of a cup. It is still very delicious but obviously not as sweet. Oh and if you put it in the freezer, it will become very hard. Just put the container from the freezer into the microwave for 30-60 seconds to soften it the right amount for scooping.

Frozen Custard Ingredients:

1. 18 Organic Eggs
2. 1 1/2 Cups Organic Half and Half
3. 2 tsp + 3 TBS Vanilla Extract
4. 1/2 cup pureed Organic Dates (you can add less if you wish) I puree mine in a food processor.

Instructions:

1. Add the Organic Dates to a food processor and chop until it is a relatively fine puree.
2. Add 6 or so of the eggs and 1 tsp Vanilla Extract to the food processor and mix for a couple of minutes.
3. Pour the egg mixture into a pan, leaving the majority of the dates in the food processor.
4. Add the rest of the eggs with another tsp of vanilla extract. Mix well, then pour the mixture into the pan.
5. Add 1 cup of the half and half.
6. Stirring constantly, heat the pan of custard mix on the stove. Measure the temperature as it heats and when the mixture reaches 140-142 deg. F, hold it at that temperature for 5 -10 min. I just move the pan on and off the burner to keep it at that temperature. You don't want it to get too hot or you will end up with scrambled eggs!
7. Remove the mixture from the stove and add the final 3 TBS of vanilla extract (you can add less if you like but at least 1 TBS is recommended). Add another 1/2 cup of half and half.
8. Chill the mixture in the refrigerator (this is optional if you have an ice cream freezer with a compressor) then freeze the mixture in your ice cream freezer.



You can use any food processor and any ice cream freezer. I have had many ice cream freezers, but the one below is far and away my favorite and has lasted for years.





I like to share with all my family and friends. Mmmmm.

You can buy nifty ice cream containers to give samples to your friends and family [here](#) or [here](#).

Right click the image to open the video in a new window

**Super Delicious Very Nutritious Frozen Custard Making with Organic Dates
and No Refined Sugar**



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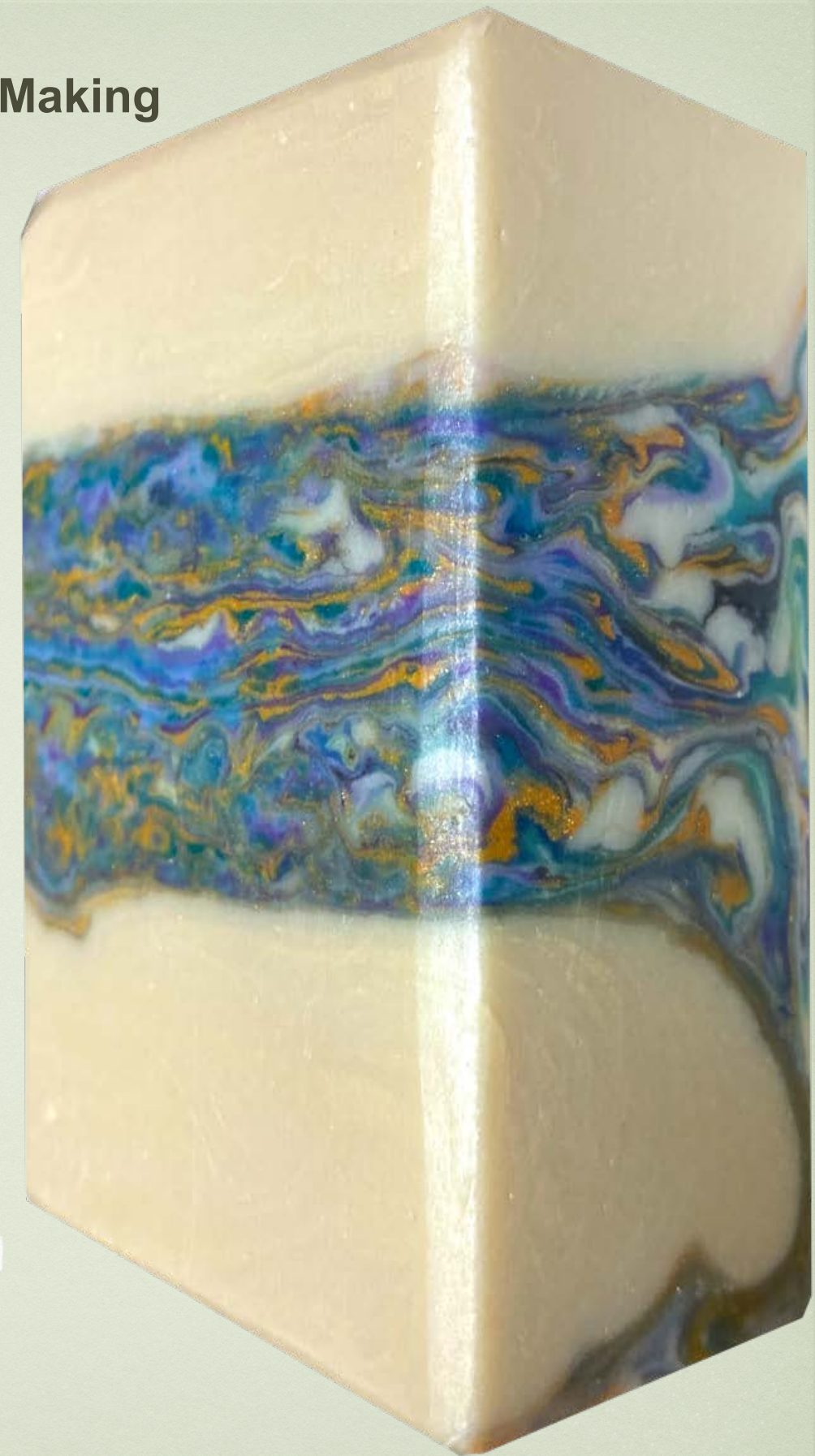
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CHAPTER 14

Blue Jacquard Ribbon Soap Making



Jacquard is a fabric with an intricately woven pattern. Using split cup pouring, a beautiful Jacquard ribbon can be simulated in soap.

Setup:

Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Colors:

1. 1/8 tsp Activated Charcoal
2. 1/4 tsp Teal
3. 1/4 tsp Caribbean Blue
4. 1/4 tsp Midnight Blue
5. 1 tsp Gold Envirol glitter + 1 tsp Sahara Gold
6. 1/4 tsp Orchid Purple
7. 1/4 tsp Sahara Gold + 1/4 tsp White
8. 1/4 tsp Orchid Purple + 1/4 tsp White
9. 1/4 tsp Sea Green
10. 1/2 tsp Sahara Gold + 1/2 tsp Yellow Vibrance

Fragrance:

1. 1.0 oz 5 fold Orange Essential Oil
2. 0.3 oz Ylang Ylang Essential Oil
3. 0.25 oz Organic Jojoba Oil
4. 1 TBS White



You can find split cups [here](#).



Right click the image to open and watch the video

Blue Jacquard Ribbon Soap Making



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CHAPTER 15

Crème de Menthe After Dinner Soap Bars- Made with Goat's Milk



These scrumptious smelling, refreshing faux dessert soaps offer the perfect finishing touch after dinner on a hot day. They are delightfully creamy and smell JUST like chocolate mint confections. With no calories, who could say no to these long lasting, creamy, skin moisturizing bars. They make great gifts for all occasions.



Soap Ingredients for Batch 1:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Fresh Raw Goat's Milk frozen in an ice cream freezer
5. 4.8 oz of Food Grade NaOH
6. 1 tsp powdered silk added to the lye mixture
7. 2 TBS Titanium Dioxide added to the lye mixture

Soap Ingredients for Batch 2:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Fresh Raw Goat's Milk frozen in an ice cream freezer
5. 4.8 oz of Food Grade NaOH
6. 1 tsp powdered silk added to the lye mixture

Setup:



Colors:

1. 1/2 tsp Laurel Green
2. 1 TBS Organic Cocoa
3. 1/4 tsp Lustrous Brown (added to the Chocolate Fragrance)

Fragrance 1:

1. 2.3 oz Dark Chocolate Fragrance Oil
2. 0.35 oz Organic Jojoba Oil
3. 1/4 tsp Lustrous Brown

Fragrance 2:

1. 1.35 oz Peppermint Essential Oil
2. 0.35 oz Organic Jojoba Oil



Right click the image to open and watch the video

Crème de Menthe After Dinner Soap Bars- Made with Goat's Milk



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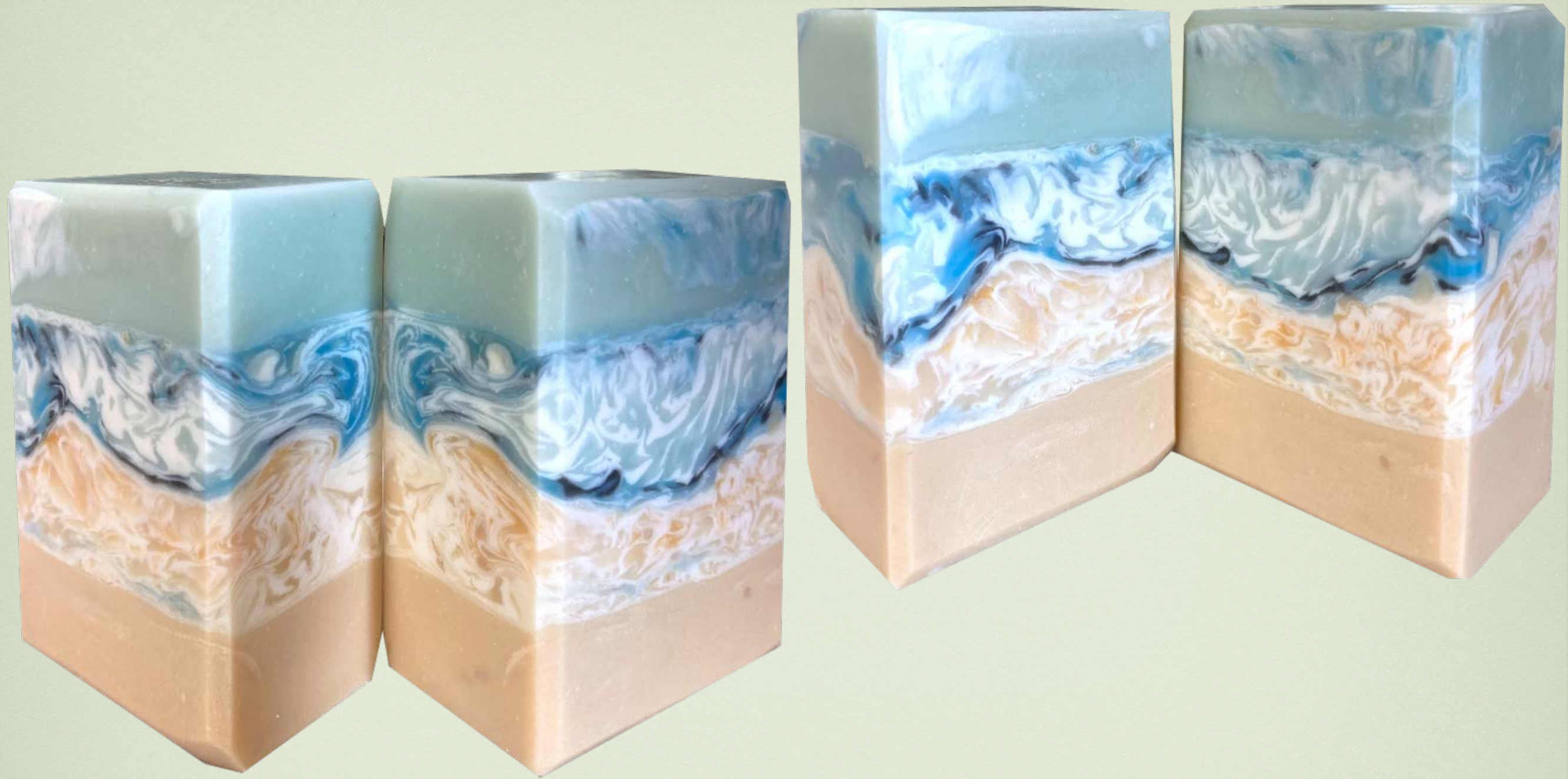
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CHAPTER 16

Sandalwood Surf Soap Making



Foamy, lacy looking ocean surf can be simulated beautifully in soap using split cup pours. Sandalwood fragrance oil combined with Patchouli and Orange Essential oils give this luxurious soap a pleasant vacation-like, exotic scent.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH

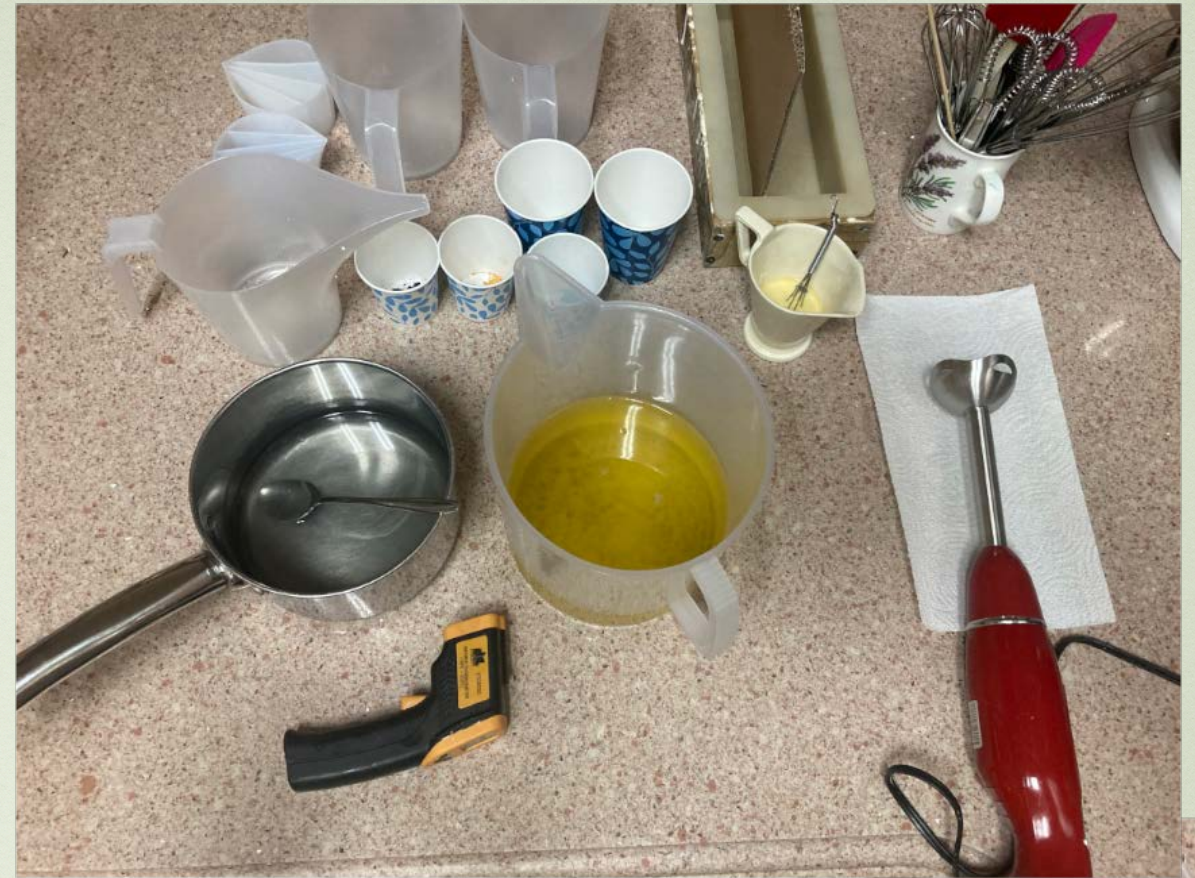
Colors:

1. 1/8 tsp Nocturnal (or Activated Charcoal)
2. 1/8 tsp Caribbean Blue
3. 1/4 tsp Sahara Gold
4. 1 TBS White

Fragrance:

1. 0.7 oz Organic Orange Essential Oil
2. 0.3 oz Dark Patchouli Essential Oil
3. 0.2 oz Indian Sandalwood Fragrance Oil
4. 0.35 oz Organic Jojoba Oil and 1 TBS White

Setup:



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Sandalwood Surf Soap Making



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CHAPTER 17

3D Painting Teton Dawn Soap Making



I began with a picture of the Teton mountains for inspiration, then chose a few soap colors to estimate the colors I observed in the photo. I prepared some wonderful smelling insta-trace blends then mixed a batch of my favorite Shea Silk soap recipe with a whisk. From there, I built the scene by pouring insta-trace into layers of colors and tooling them a bit to form vegetation, clouds, mountains and a sky. It's always fun to cut these soaps to reveal the final paintings. This technique produces soaps that are original, true 3D soap paintings where the painting changes slightly as you use the soap.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH

6. Cotton sized ball of Tussah Silk **Colors:**

1. White (2 tsp)
2. Green Oxide (1/4 tsp)
3. Force of Nature Green(1/4 tsp)
4. Sahara gold (1/8 tsp)
5. Blue Vibrance (1/8 tsp)
6. Lavender (1/4 tsp)
7. Red Vibrance (1/8 tsp)
8. Orange Vibrance (1/4 tsp)
9. Yellow Vibrance (1/4 tsp)
10. Activated Charcoal (1/8 tsp)
11. Lustsrous brown (1/16 tsp)

Fragrance:

1. 0.55 oz of clove oil (used as colorless insta-trace for inner layers) and 0.55 oz Organic Jojoba Oil are in the two demitasse cups.
2. 0.75 oz 5 fold Orange Essential Oil +0.25 oz Ylang Ylang Essential oil are in the White creamer pitcher.
3. 0.55 oz 5 fold Orange essential oil +0.25 oz Clove Essential Oil are in the stainless steel creamer pitcher. This is used as insta-trace for large sections of soap.

Setup:



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3D Painting Teton Dawn Soap Making



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CHAPTER 18

3D Painting Black Rock Desert Soap Making



I built this ribbon scene of the Black Rock Desert at dawn by pouring measured amounts of Clove Essential oil into layers of colors, one at a time and tooling them a bit to form mountains and sky. Peppermint essential oil is added to the top and bottom, mostly white bands. This technique produces soaps that are original, true 3D soap paintings where the painting changes slightly as you use the soap.



Soap Ingredients:

12 oz Organic Coconut Oil
12 oz Olive Oil
10.1 oz of Organic Shea butter
9.1 oz of Filtered Water
4.8 oz of Food Grade NaOH
Cotton sized ball of Tussah Silk

Colors:

1. White (1 TBS)
2. Orange Vibrance (1/4 tsp)
3. Yellow Vibrance (1/4 tsp)
4. Activated Charcoal (1/4 tsp)
5. Klein Blue (1/8 tsp)
6. 1/4 tsp Sea Clay + 1/4 tsp Bentonite Clay

I poured 1/3 of the soap into the colors. Before making the soap, I measured out cups of water to use as a standards of how much of each color I wanted:

3.2 oz for the mud color
3.1 oz for black
2.7 oz or gray
1.3 oz for light yellow
1.5 oz for orange
2.85 oz for blue

Fragrance:

I added the following to two, demitasse cups (see photo):

1. 0.2 oz Clove Bud Essential Oil
2. 0.45 oz Peppermint Essential Oil
3. 0.15 oz Organic Jojoba Essential Oil
4. 1 TBS White

Setup:



Right click the image to open and watch the video

3D Painting Black Rock Desert Soap Making



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CHAPTER 19

3D Painting Mount Fuji Ribbon Soap Making



A miniature scene of Mount Fuji is painted in soap by pouring measured amounts of Clove Essential oil into layers of colors, one at a time and tooling them a bit to form mountains and trees. Peppermint essential oil is added to the top and bottom, mostly white bands. This technique produces soaps that are original, true 3D soap paintings where the painting changes slightly as you use the soap.



Soap Ingredients:

12 oz Organic Coconut Oil
12 oz Olive Oil
10.1 oz of Organic Shea butter
9.1 oz of Filtered Water
4.8 oz of Food Grade NaOH
Cotton sized ball of Tussah Silk

Colors:

1. 1 TBS White in 3.4 oz of soap
2. 1/8 tsp Yellow Vibrance+ 1 tsp White in 2.6 oz of soap
3. 1/4 tsp Green Oxide in 3.35 oz of soap
4. 1/4 tsp Sea Green in 2.6 oz of soap
5. 1/4 tsp Caribbean Blue in 2.6 oz of soap
6. 1/4 tsp Orchid Purple in 1.8 oz of soap
7. 1/8 tsp Lustrous Brown in 3.35 oz of soap

I use about 1/3 of the soap for the bottom white layer, 1/3 for the colored layer and 1/3 for the top white layer. So before I make the soap, I pour the amount of water that equals 1/3 of the soap into a pitcher. I then pour this water into cups as standards for how much of each color layer I will want in my painting. This is just a way to estimate how much of each layer I will use make my painting. I can always take a little more soap from the pitcher reserved for the final, top layer and mix colors, if I wish. This is just an approximate way to plan for the painting color amounts.

Fragrance for the bottom layer:

1. 0.4 oz Clove Bud Essential Oil
2. 0.45 oz Peppermint Essential Oil
3. 0.10 oz Organic Jojoba Essential Oil
4. 1 TBS White

Fragrance for the top white layer:

1. 0.55 oz Peppermint Essential Oil
2. 0.20 oz Organic Jojoba Essential Oil
3. 1 TBS White

Setup:



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3D Painting Mount Fuji Ribbon Soap Making



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CHAPTER 20

Ruler Squeeze Castile (Only Organic Olive Oil) Wavy Ribbon Soap Making



A wavy ribbon is made with the help of two plastic rulers that squeeze and cajole a straight colored band into an interesting wavy pattern. I had fun playing with ways to morph the colorful band by squeezing the band and by rotating the rulers. The ways you can squeeze and twirl the band are endless and I think that this fun swirling technique produces very unique and beautiful patterns.





Soap Ingredients:

1. 28 oz Organic Olive Oil
2. 8.5 oz Filtered Water
3. 3.65 oz Food Grade NaOH

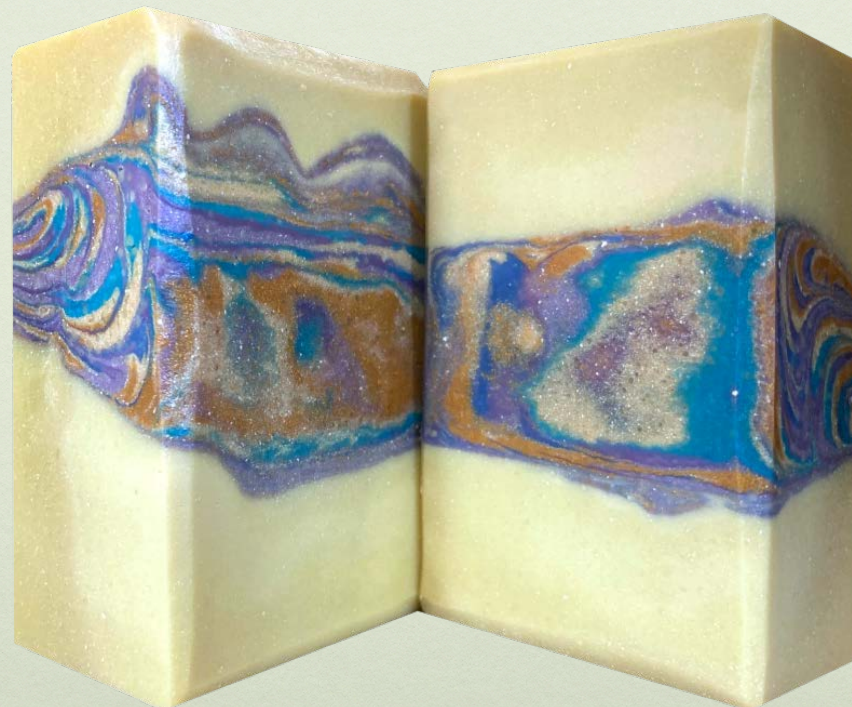
**15.4 oz water
standard--->**

I measured out
15.4 oz of water to know
how much soap to pour
for the colors.

Colors:

1. 1 TBS White
2. 1 tsp white + 1/4 tsp Orchid Purple
3. 1 tsp white + 1/4 tsp Sahara Gold
4. 1/2 tsp Sahara Gold
5. 1/4 tsp Orchid Purple
6. 1/4 tsp Midnight Blue
7. 1/4 tsp Caribbean Blue

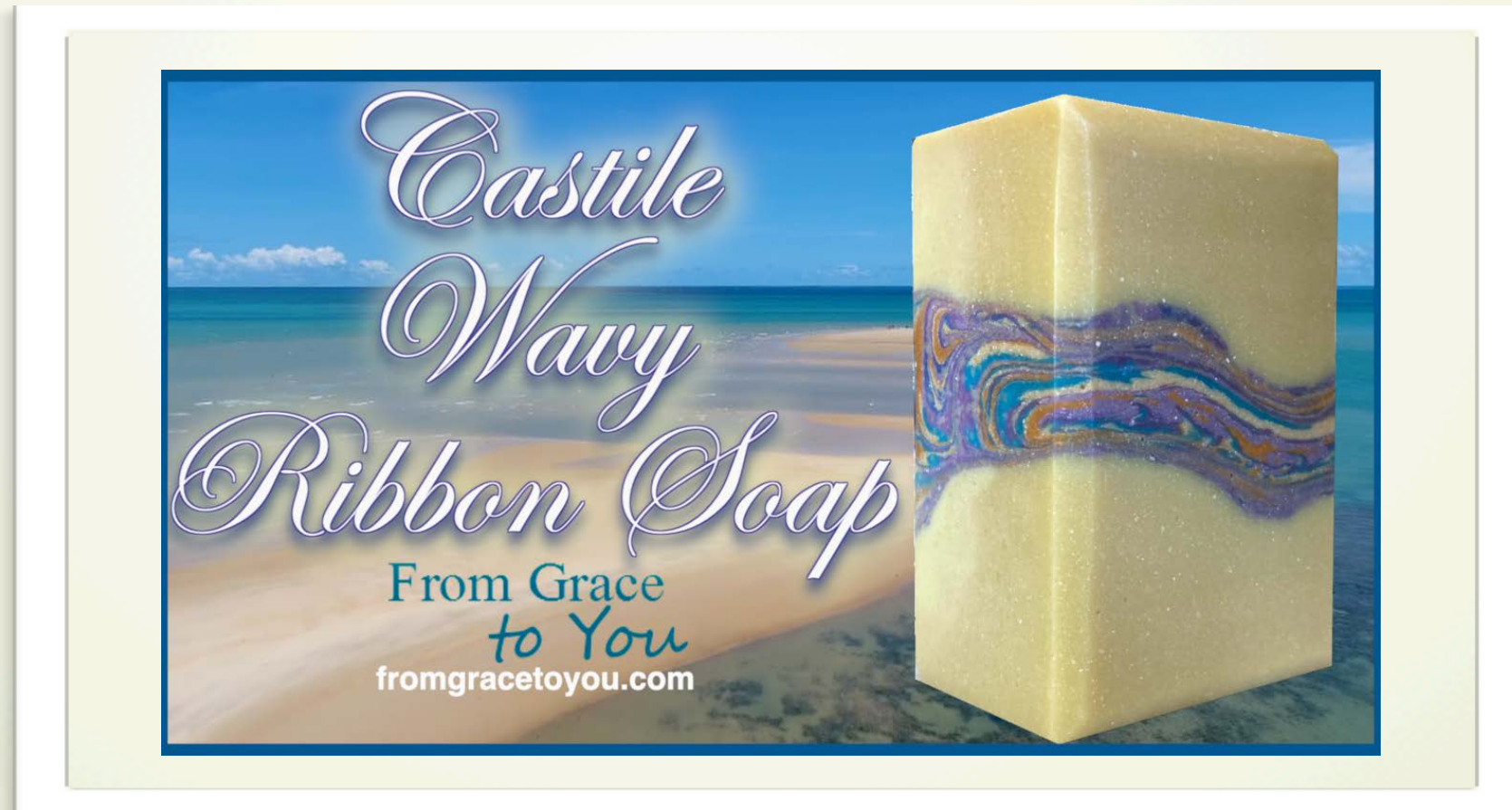
Setup:



This is a fragrance free soap although the organic olive oil does cure to have a very pleasant, natural fragrance.

Right click the image to open and watch the video

Ruler Squeeze Castile (Only Organic Olive Oil) Wavy Ribbon Soap Making



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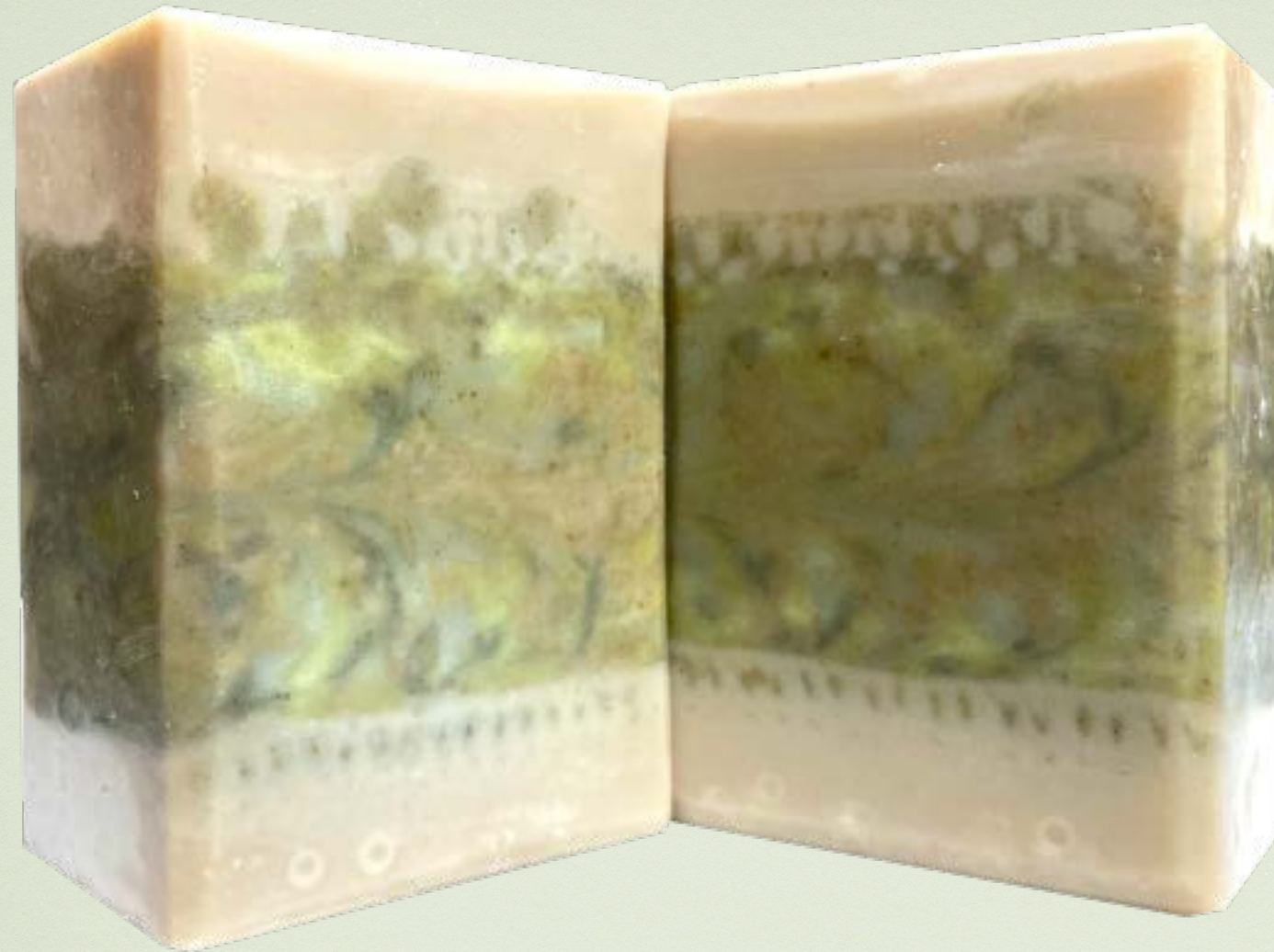
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CHAPTER 21

Tunisian Organic All Natural Olive Oil Soap Making with Dead Sea, and other Clays



Organic Terra Delyssa Tunisian Olive Oil is the only oil used in this soap. It is my favorite oil to cook with, so I decided to make a Castile soap with it. I also tried out a new brand of natural cosmetic clays (Dead Sea, Rhassoul and Bentonite) along with Pink Kaolin Clay and Organic Spinach Powder which are very fine and produce a smooth soap. The soap clays are poured using a split cup and bands are formed using a piece of cardboard as a tool. The result is a gentle, natural soap with a look reminiscent of Tuscan art.



Soap Ingredients:

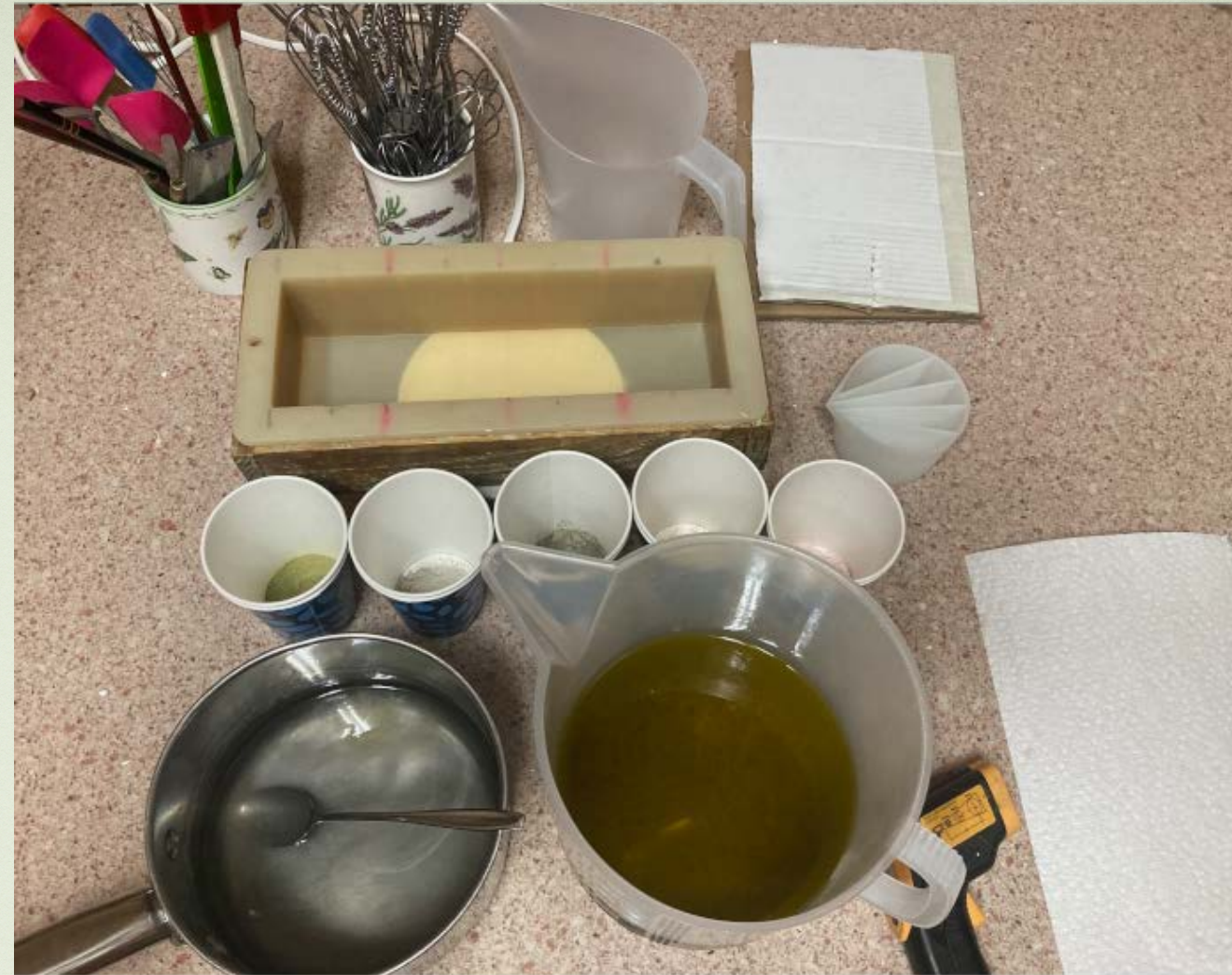
1. 33 oz Organic Terra Delyssa Tunisian Olive Oil
2. 10 oz Filtered Water
3. 4.3 oz Food Grade NaOH

Colors:

1. 2 tsp Dead Sea Clay
2. 2 tsp Bentonite Clay
3. 2 tsp Organic Spinach Powder
4. 1 tsp Rhassoul Clay
5. 4 tsp Pink Kaolin Clay



Setup:



This is a fragrance free soap although the organic olive oil does cure to have a very pleasant, natural fragrance.



Right click the image to open and watch the video

Tunisian Organic All Natural Olive Oil Soap Making with Dead Sea, and other Clays



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CHAPTER 22

Tiger Fashion Ribbon LEMON BERGAMOT Soap Making



Stylish Tiger Ribbon Soaps are easily made by pouring White, Black and Gold Soap between two pieces of cardboard. Lemon and Bergamot Essential oils bring a fresh, bright *zing* to the fragrance. I love using these soaps!



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk
7. 1 TBS Titanium Dioxide added to the Lye Silk Water

Colors:

1. 1/8 tsp Activated Charcoal
2. 1/2 tsp White
3. 1/2 tsp White + 1/8 tsp Sahara Gold
4. 1/4 tsp Sahara Gold

Fragrance:

1. 1.5 oz Organic Lemon Essential Oil
2. 0.5 oz Bergamot (Bergapene free) Essential Oil
3. 0.25 oz Organic Jojoba Oil

Setup:



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Tiger Fashion Ribbon LEMON BERGAMOT Soap Making



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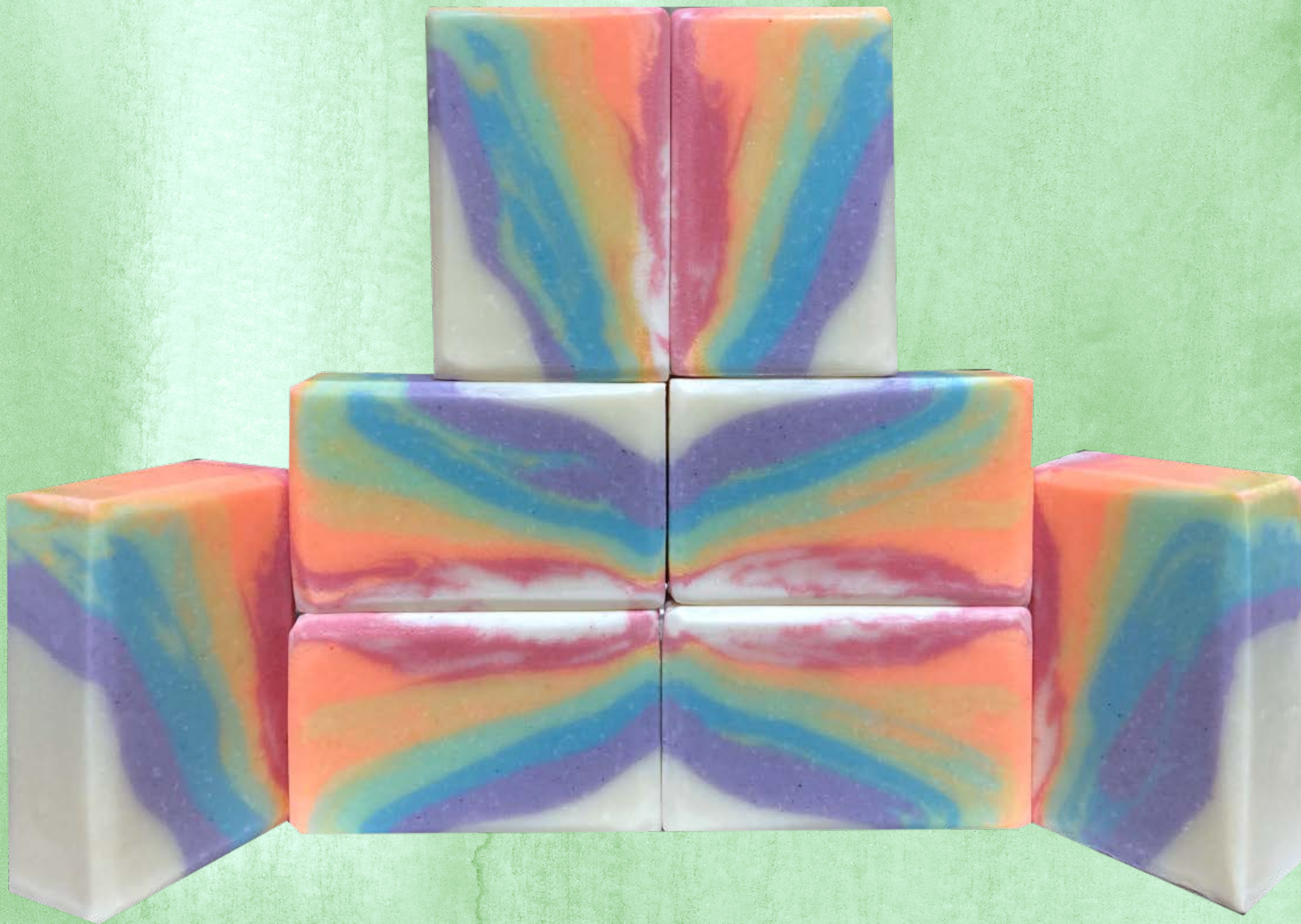
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CHAPTER 23

Introducing Delta Density Gradient Easy and Cool Soap Pouring Technique



Imagine how cool it would be to be able to pour colored soap into a mold and have the colors float to different levels based on their densities. I can imagine lots of new, fun soap designs that could result. In this chapter, I begin to explore the idea by making each of the rainbow colors a different density. I did this by adding different amounts of glycerin to each color. Then, I poured the colors, one by one, into the mold along the side from their cups. The soap has to be very liquid for this to work. In fact, the soap was so liquid during this pour that normally the colors would tend to blend together to make a single muddy color. But the density differences helped the colors to maintain their distinct levels with just a little artistic looking mixing along the edges. It will take time and experience to develop the best densities for various effects, but I think this new density technique has a cool destiny in the world of soap art.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk
7. 1 TBS Titanium Dioxide added to the Lye Silk Water

Colors:

1. 1/8 tsp White + 0.4 oz Glycerin
2. 1/8 tsp Trial By Fire Red + 0.35 oz Glycerin
3. 1/8 tsp Neon Orange + 0.30 oz Glycerin
4. 1/8 tsp Yellow Vibrance + 0.25 oz Glycerin
5. 1/8 tsp Green Vibrance + 0.20 oz Glycerin
6. 1/8 tsp Blue Vibrance + 0.15 oz Glycerin
7. 1/8 tsp Purple + 0.10 oz Glycerin
8. 1/8 tsp White



Setup:



This is a fragrance free soap that would be ideal for children.

Right click the image to open and watch the video

Introducing Delta Density Gradient Easy and Cool Soap Pouring Technique



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CHAPTER 24

ON FIRE *Easy Delta Density Soap Making*



A realistic looking fire can be created easily by pouring colors of different densities (adjusted with glycerin and Jojoba Oil) into very liquid soap. The natural flow that takes place in the soap with different densities resembles the flow of flames in the air. Also, I LOVE how much extra lather the extra glycerin gives to the soap. You can see me using the soap a day after making it at the end of the video.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. 2 Cotton balls size Tussah silk

I added about 2 oz of soap to each color except the light yellow. I added 3 oz of soap to the light yellow(1 below)

Colors:

1. 1 tsp White + 1/8 tsp Yellow Vibrance
0.4 oz Glycerin was added to 1/3 of this color and 0.1 tsp Jojoba to another 1/3. 1/3 of the color was not adjusted.
2. 1/4 tsp Trial By Fire Red + 0.25 oz Glycerin
3. 1/8 tsp Orange Vibrance+ 0.15 oz Glycerin
4. 1/8 tsp Yellow Vibrance + 0.10 oz Glycerin
5. 1/8 tsp Trial By Fire Red + 1/8 Gray +0.5 oz Glycerin

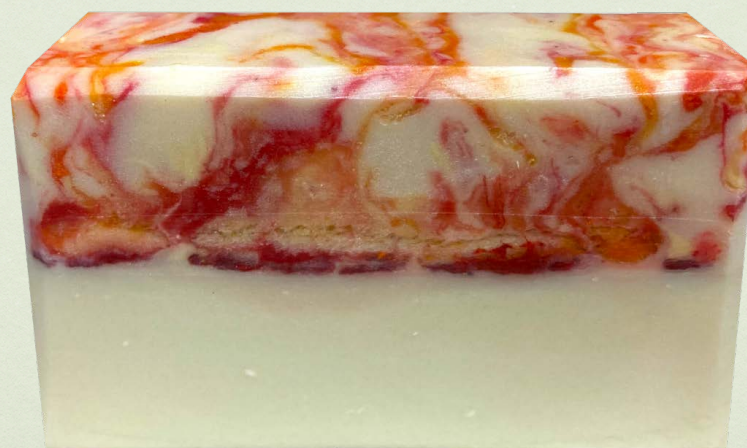
Fragrance for Bottom half:

1. 0.4 oz Organic Lemon Essential Oil
2. 0.3 oz Clove Oil
3. 0.1 Organic Jojoba Oil
4. 1 TBS White

Fragrance for the top half:

1. 0.6 oz Organic Lemon Essential Oil
2. 0.25 Bergamot (BF) Essential Oil
3. 1 TBS White

Setup:



Right click the image to open and watch the video

ON FIRE Easy Delta Density Soap Making



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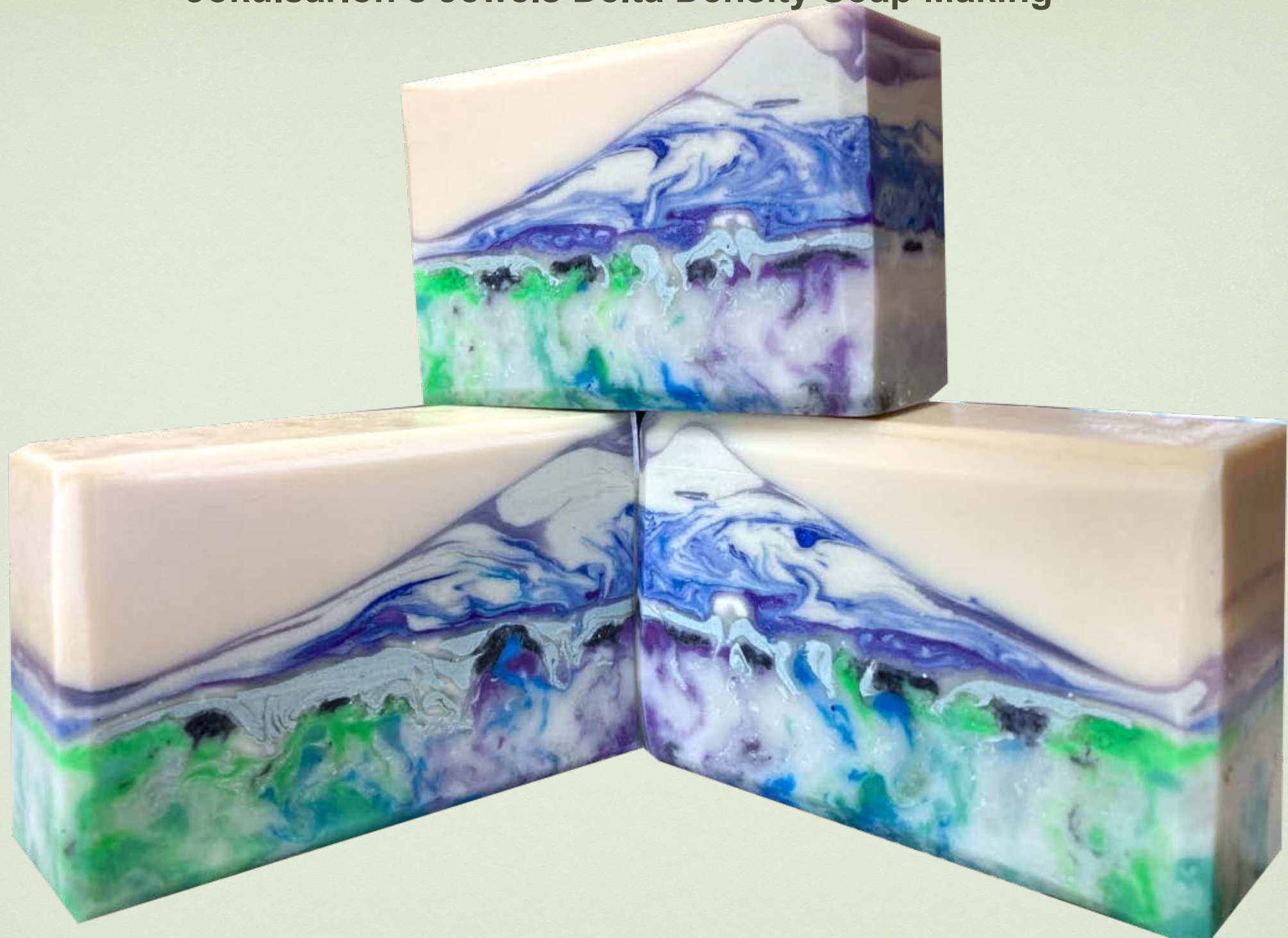
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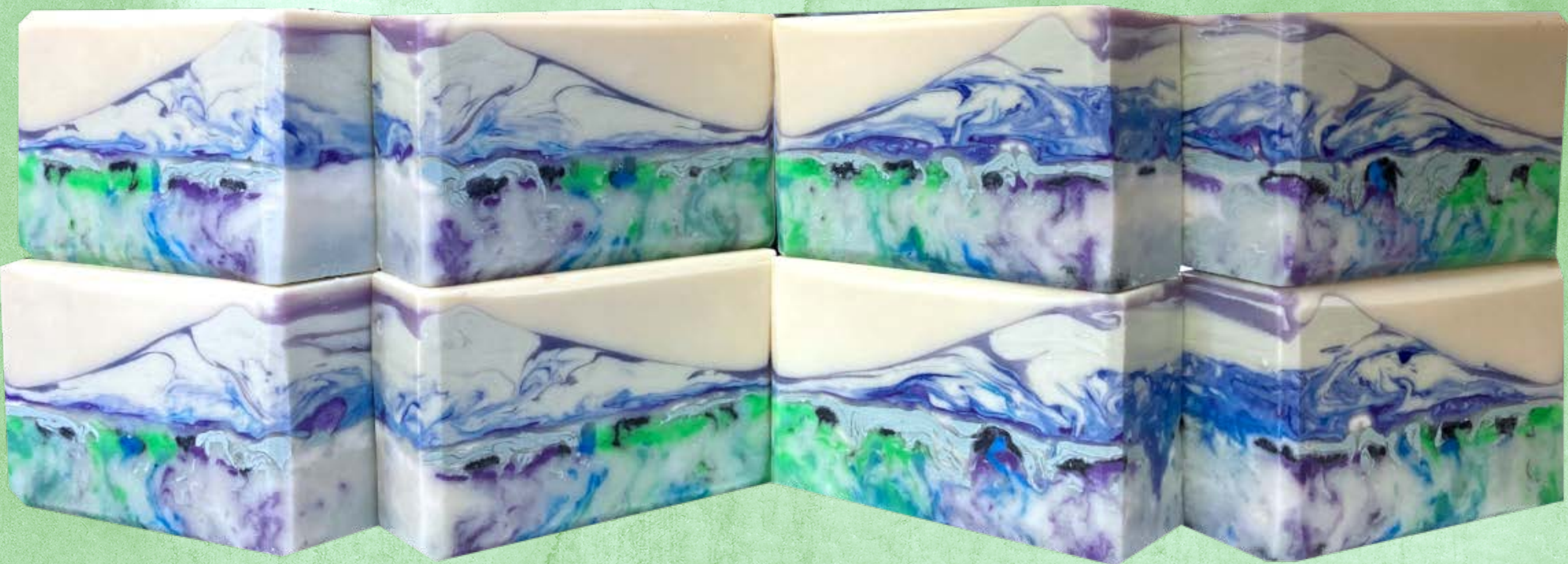
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CHAPTER 25

Jokulsarlon's Jewels Delta Density Soap Making



Jokulsarlon is a large glacial lake in Iceland known also as The Crown Jewel of Iceland. It features a blue iceberg, a turquoise glacier and sometimes, a view the Northern Lights. An icy blue iceberg towering over colorful glaciers reflecting Northern lights is suggested in this Impressionist soap art. A quick trace clove oil blend is used to pour the sky and mountains and different densities of colors are poured into a very liquid soap to paint the lake. poured into a very liquid soap to paint the lake.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. 2 Cotton balls size Tussah silkon ball size Tussah silk



Colors:

1. 1/4 tsp Green
2. 1/4 tsp Sea Green
3. 1/4 tsp Orchid Purple
4. 1/4 tsp Midnight Blue
5. 1/4 tsp Neon Blue
6. 1/4 tsp Purple Vibrance
7. 1 tsp White
8. 1/4 tsp Teal
9. 1/8 tsp Activated Charcoal

I added 1/2 tsp of Glycerin to some of the colors during the pour to make some of the colors more dense so that they would sink and swirl color as they sank.

Fragrance for bottom Layers:

1. 0.25 oz 5X Orange Essential Oil
2. 0.4 oz Clove Essential oil
3. 0.2 oz Ylang Ylang Essential Oil
4. 0.15 oz Organic Jojoba Oil
5. 2 TBS White

Fragrance for the icy glacier layer:

1. 0.4 oz Organic Orange Essential Oil
2. 1 TBS White

Setup:



Right click the image to open and watch the video

Jokulsarlon's Jewels Delta Density Soap Making



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CHAPTER 26

Flutter Heart All Natural Tunisian Organic Olive Oil with Silk Soap Making



Fluttering hearts seem to lift off like butterflies filled with nectar in this fragrance free, all natural soap. Extra sheen and smoothness is added to this creamy 100% Organic Terra Delyssa Tunisian Olive Oil soap by adding lots of silk. This is the first time I have added silk to Olive oil soap and I love the resulting effect. Using only two natural colors, Titanium dioxide and Rose Clay, beautiful, artistic fluttering butterfly hearts are pinched and pulled from a pink band bordered by two white bands. This would be a great soap to give loved ones on Valentine's Day or any time you want to say "I love you".



Soap Ingredients:

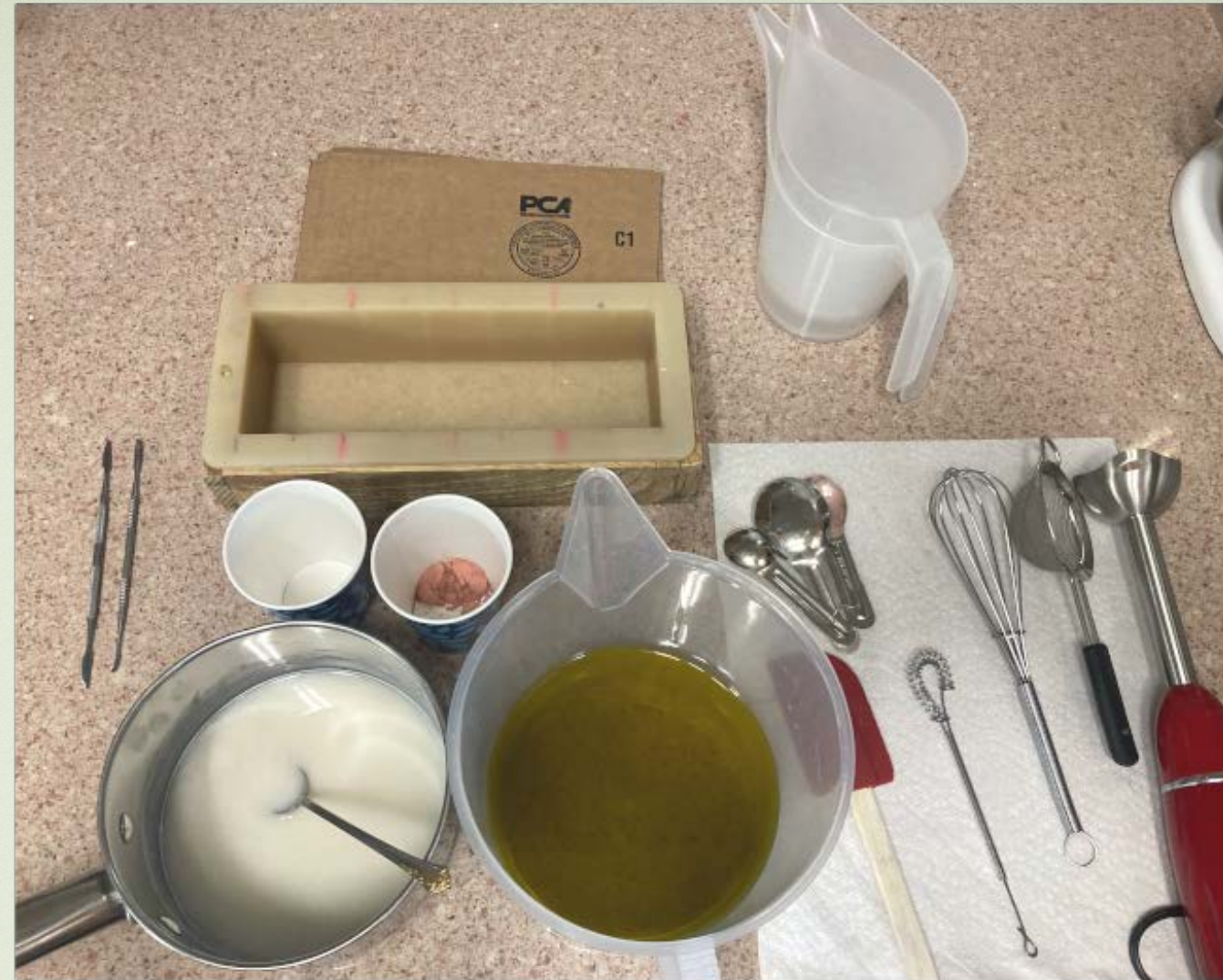
1. 28 oz Organic Terra Delyssa Tunisian Olive Oil
2. 8.5 oz Filtered Water
3. 3.65 oz Food Grade NaOH
4. 2 Cotton balls size Tussah silk
5. 11 TBS Titanium dioxide added to the Lye/Silk Water silk

No Fragrance was added to this soap.

Color:

1. 1 tsp Rose Kaolin Clay

Setup:



Right click the image to open and watch the video

Flutter Heart All Natural Tunisian Organic Olive Oil with Silk Soap Making



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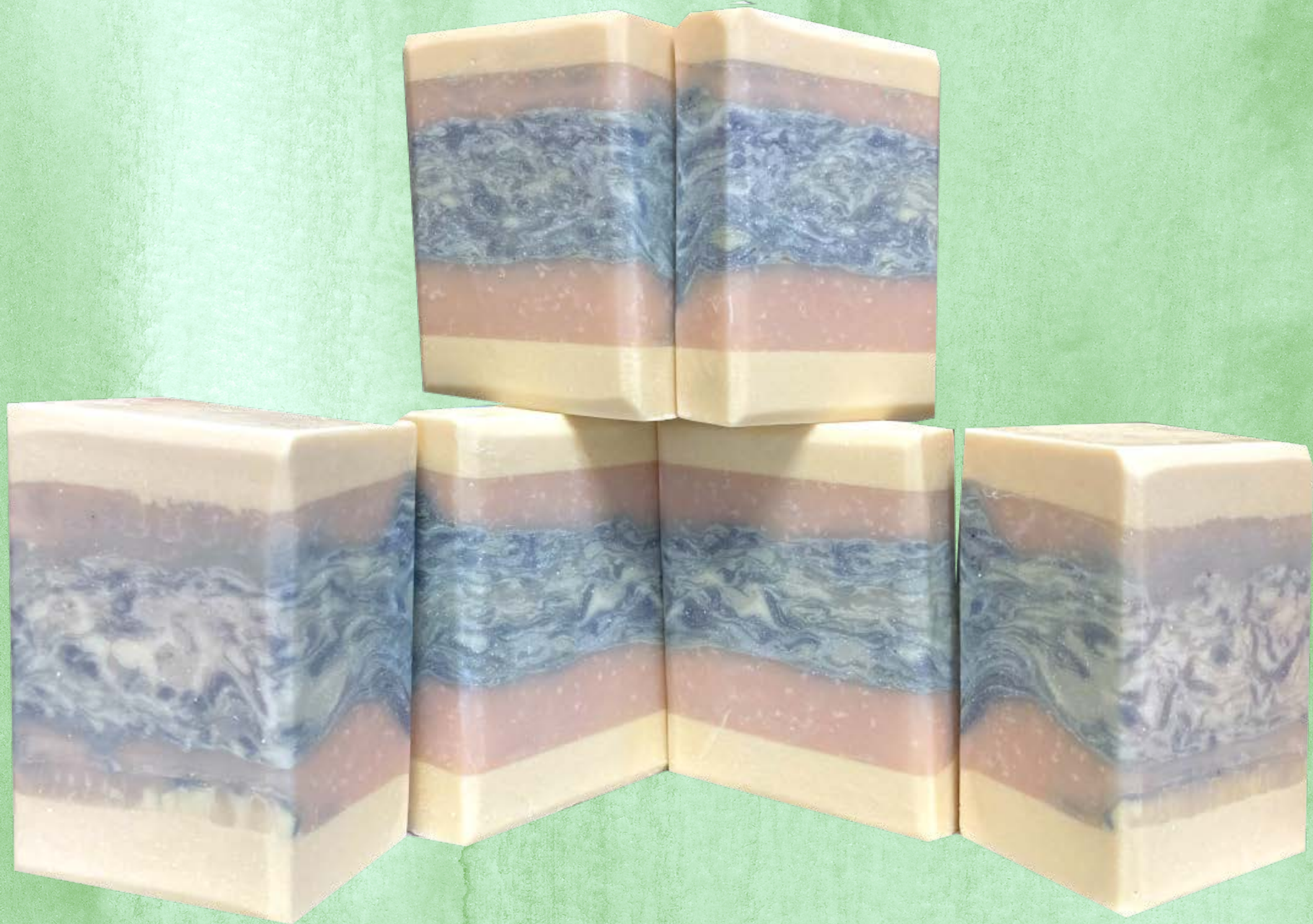
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CHAPTER 27

Sunset Sky Silk Ribbon All Natural Soap Making



Soft and natural pink, cream and blues are poured to form a beautiful, jacquard silk ribbon in all natural soap. Natural colorants are used and lots of silk is added to this soap to give it extra sheen. Lemon and Orange essential oils bring a bright, refreshing scent which is my favorite in the winter months.



Soap Ingredients: I made two half batches of soap.

1. 6 oz Organic Coconut Oil
2. 6 oz Organic Olive Oil
3. 5.05 oz of Organic Shea butter
4. 4.55 oz of Filtered Water
5. 2.4 oz of Food Grade NaOH
6. 2 Cotton ball size Tussah silk
7. 1 TBS Titaniumdioxide added to the lye silk water.

1. 6 oz Organic Coconut Oil
2. 6 oz Organic Olive Oil
3. 5.05 oz of Organic Shea butter
4. 4.55 oz of Filtered Water
5. 2.4 oz of Food Grade NaOH
6. 2 Cotton ball size Tussah silk

1. 1/4 tsp Indigo Powder
2. 2 tsp Calamine Clay

Fragrance:

1. 0.75 oz Organic Lemon Essential Oil
2. 0.40 oz Organic Orange Essential Oil
3. 0.20 oz Organic Jojoba Oil

I measured a 14 oz water standard for the white soap bands and the pink bands. I measured a 5 oz water standard for the blue, light blue, pink and white ribbon swirl.

See the next page for more details.

Setup:



I mixed the half batch of soap with no color added first. Out of the 24 oz of this batch, I measured 14 oz of pink for the ribbon bands and 5 oz for the ribbon swirl part. Then, I mixed the half batch of white soap. From this 24 oz of white soap, I measured 14 oz for the white bands around the ribbon and 5 oz of white for the ribbon swirl part. I then used the rest of the white to make 5 oz of blue and 5 oz of light blue for the swirl part.

When making the soap, I added the 4, 5 oz colors to a 4 section split cup. I poured in all of the color from the 5 oz cups. Then, I inserted 2 tightly fitting cardboard pieces next to the walls of the mold and poured pink soap next to the walls to add the pink bands. After moving the cardboard so that the soap was level on all sides, I removed the cardboard pieces and inserted them back against the walls of the mold and poured in the white bands. After the soap was level on all sides of the cardboard pieces, they were removed.



Right click the image to open and watch the video

Sunset Sky Silk Ribbon All Natural Soap Making



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CHAPTER 28

Drawn Together Easy Injected Ribbon Soap Making



After injecting purple and pink colors into white soap using a single squeeze bottle, I pinch and pull the colored band using skewers and chopsticks create the impression of two hearts drawn together.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. 1/2 Cotton ball size Tussah silk



Colors: I split 7 oz of soap evenly between:

1/8 tsp each of:

1. Cheshire Cat Purple
2. Jam Session
3. Raspberry Red
4. Neon Purple



Setup:



Fragrance:

1. 0.75 oz Organic Lavender Essential Oil
2. 0.25 oz Organic Jojoba Oil
3. 1 TBS White

Right click the image to open and watch the video

Drawn Together Easy Injected Ribbon Soap Making



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CHAPTER 29

LOOPY FRUIT Soap Making



After injecting purple and pink lines into the interior of white soap using a single squeeze bottle, I then inject yellow and green columns of color. The columns and lines are swirled and pulled with a skewer to create fun, loopy fruit art. Lots of lemon essential oil adds to the happiness.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. 1/2 Cotton ball size Tussah silk

Colors:

1. 1/2 tsp Love and Sunshine Yellow to 6 oz of soap
2. 1/2 tsp White to 3.25 oz of soap
3. 1/8 tsp Green Oxide + 1/8 tsp Laurel Green to 3.8 oz of soap
4. 1/8 tsp Neon Purple to 3.25 oz of soap
5. 1/8 tsp Purple Vibrance to 3.25 oz of soap

Fragrance:

1. 1.75 oz Organic Lemon Essential Oil
2. 0.20 oz Organic Jojoba Oil
3. 2 TBS White

Setup:



Right click the image to open and watch the video

LOOPY FRUIT Soap Making



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CHAPTER 30

Beer Shaving Soap Making



Beer soap is popular and renowned for its frothy lather and reputed benefits for the skin. It is made with beer in place of water. I used 2 bottles of Shiner Bock for this soap. The carbonation and alcohol in the beer was removed by boiling before the lye was added to it. I then cooled the beer before adding the lye. (I show this process at the beginning of this video) This gives a well behaved soap that can be poured into beautiful swirls. I added Dead Sea Clay and Bentonite clay to give extra slip to this high lather soap, making it a wonderful shaving soap. I also added lots of Organic Jojoba oil and an earthy yet bright essential oil blend of Cedar Wood, Patchouli, Clary Sage, and Litsea Cubeba to compliment the soap.



Soap Ingredients:

1. 18 oz Organic Coconut Oil
2. 18 oz Olive Oil
3. 15.15 oz of Organic Shea butter
4. 13.7 oz Flat beer with alcohol and carbonation removed (from 2 bottles of Shiner Bock)
5. 7.2 oz of Food Grade NaOH
6. 2 TBS Titanium Dioxide
7. 2 Cotton ball size Tussah silk

Setup:



Colors:

1. 2 tsp Sahara Gold
2. 1/4 tsp Nocturnal Black
3. 1 tsp Mocha Brown
4. 1 TBS Dead Sea Clay + 1 TBS Bentonite Clay
5. 2 TBS White



Fragrance:

1. 0.40 oz Dark Patchouli Essential Oil
2. 0.40 oz Cedarwood Essential Oil
3. 0.1 oz Clary Sage Essential Oil
4. 0.1 oz Litsea cubeba Essential Oil
5. 0.65 oz Organic Jojoba Oil

Right click the image to open and watch the video

Beer Shaving Soap Making



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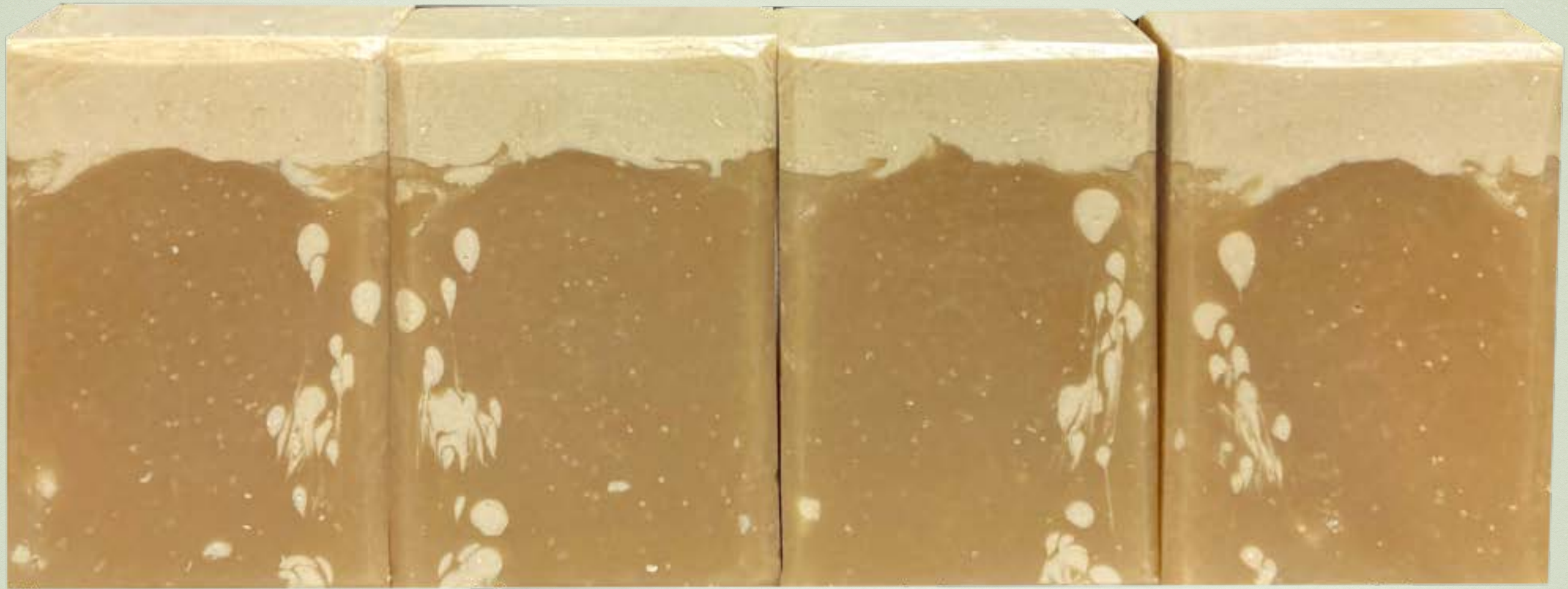
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CHAPTER 31

Filled to the Brim Beer Soap Making



Inviting, naturally golden beer soap bars are easy to make using only white to lighten the “foam”. The bars have a wonderful fragrance and lather (see the end of the video for a demonstration of lathering with one of these bars the same day I made them). They are so smooth and wonderful. While I was boiling the Shiner Bock beer to remove the carbonation and alcohol, the fragrance reminded me of fruity citrus so I scented this soap with Organic Lemon and Orange Essential oils. I used Clove Essential oil in the foam to give a spicy fragrance and quick trace onto which I could pour the beer soap. White soap was injected at the end to simulate frothy overflow and rising bubbles. I cooled the flat beer before adding the lye to my oils and butters. (I show this process at the beginning of this video. This gives a well behaved soap with enough time to work on the simple design. These make fun soaps for St. Patrick’s Day or Oktoberfest type events and celebrations.



Soap Ingredients:

1. 18 oz Organic Coconut Oil
2. 18 oz Olive Oil
3. 15.15 oz of Organic Shea butter
4. 13.7 oz Flat beer with alcohol and carbonation removed (from 2 bottles of Shiner Bock)
5. 7.2 oz of Food Grade NaOH
6. 2 TBS Titanium Dioxide
7. 2 Cotton ball size Tussah silk

Setup:



Colors:

1. 2 TBS White

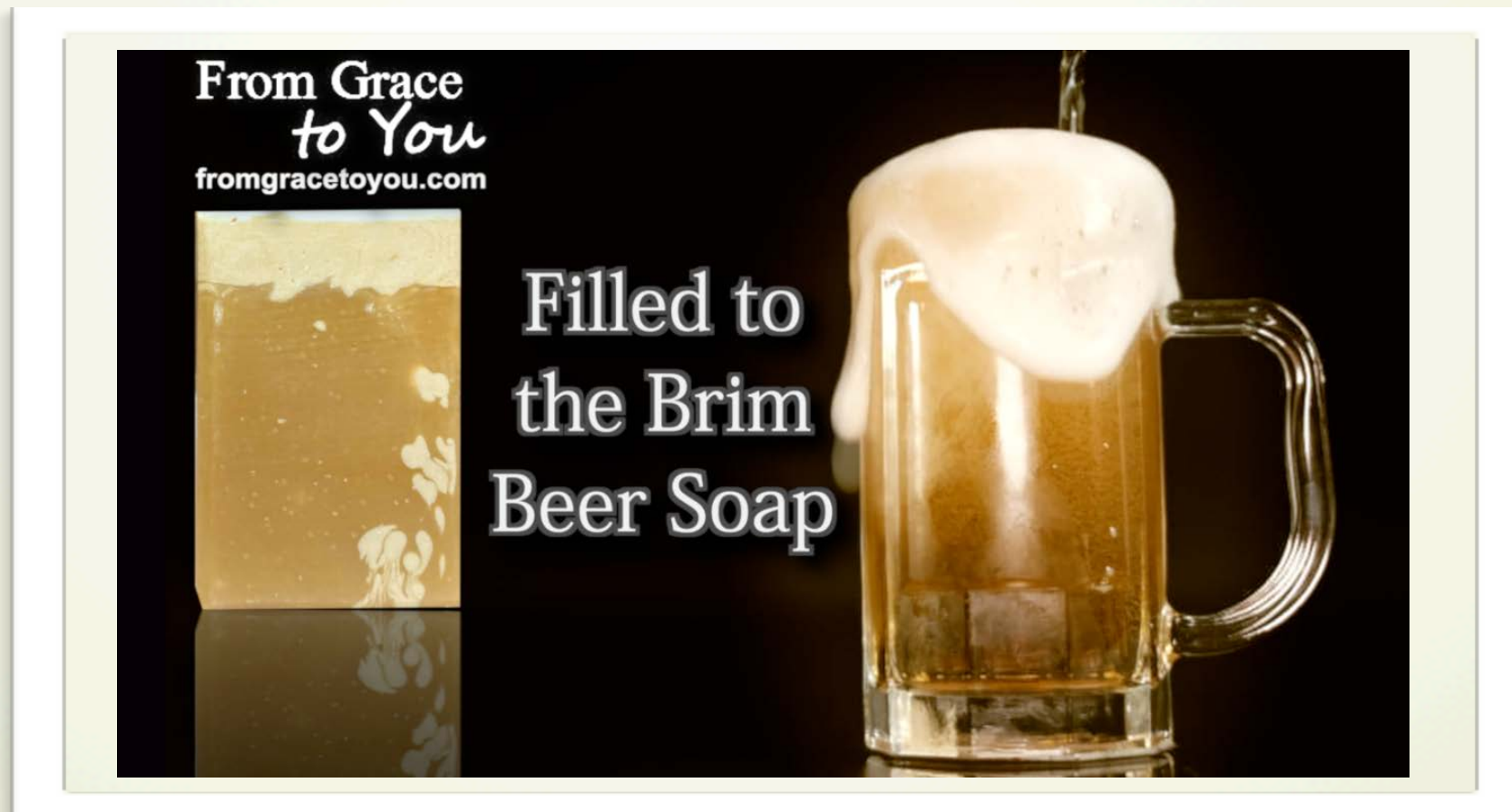
Fragrance:

1. 1.1 oz Organic Lemon Essential Oil
2. 1.0 oz Organic Orange Oil
3. 0.3 oz Organic Jojoba Oil
4. 0.3 oz Clove Essential Oil (In the little demitasse cup -added to the top, white "froth")



Right click the image to open and watch the video

Soap Making



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CHAPTER 32

Easy Mother's Day Celebration Cold Process Soap Making



Here is a beautiful floral soap anyone can make that would be perfect for Mother's Day, weddings and other Spring or Summer celebrations. Lines of color are alternated with strainer pours of color to fill the mold with a floral, artistic soap bouquet. I think of it like weaving color in soap. It's not difficult but just takes a little patience. You can choose any colors to weave that suit your fancy or Mom's decor. Organic Lemon and Orange essential oils are combined with German Chamomile to liven the experience of using this smooth, moisturizing soap even more. I put this in my soap oven at 120 deg F for 2 hours after pouring to speed saponification, then let it cool before cutting.



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. Cotton ball size Tussah silk

Colors:

1. 1/8 tsp Midnight Blue to 2 oz of soap
2. 1/4 tsp Sky Blue to 3 oz of soap
3. 1/4 tsp Laurel Green to 3 oz of soap
4. 1/4 tsp Love and Sunshine Yellow to 2 oz of soap
5. 1/8 tsp Orange Vibrance to 2 oz of soap
6. 1/4 tsp Purple to 2 oz of soap
7. 1/8 tsp Raspberry Red to 2 oz of soap
8. 1 tsp White to 3 oz of soap

Fragrance:

1. 1.0 oz Organic Lemon Essential Oil
2. 1.0 oz Organic Orange Oil
3. 0.2 oz Organic Jojoba Oil
4. 0.1 oz German Chamomile Essential Oil
5. 2 TBS White

Setup:



Right click the image to open and watch the video

Easy Mother's Day Celebration Cold Process Soap Making



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CHAPTER 33

Eri "Peace" Silk Cold Process Soap Making

Eri "Peace" silk starts out with the hatching of Eri silkworms. The silkworms feed off local castor leaves for about a month before building their cocoons. In contrast to other domesticated moths, the Eri moths leave their cocoon safely before their cocoons are processed. Because the silkworm moths escape alive before the silk is washed and processed, the silk that is produced is known as "peace silk". Here, my favorite soap recipe is made with a generous amount of Eri Silk. The resulting soap is extremely smooth, has a china like sheen and a wonderful lather. Peppermint Essential oil is added to the soap It fills the air with Peppermint scent and cools the skin as you wash. A gold plume-ribbon beauty mark is poured from a cup and pushed with a hanger tool to grace the soap.



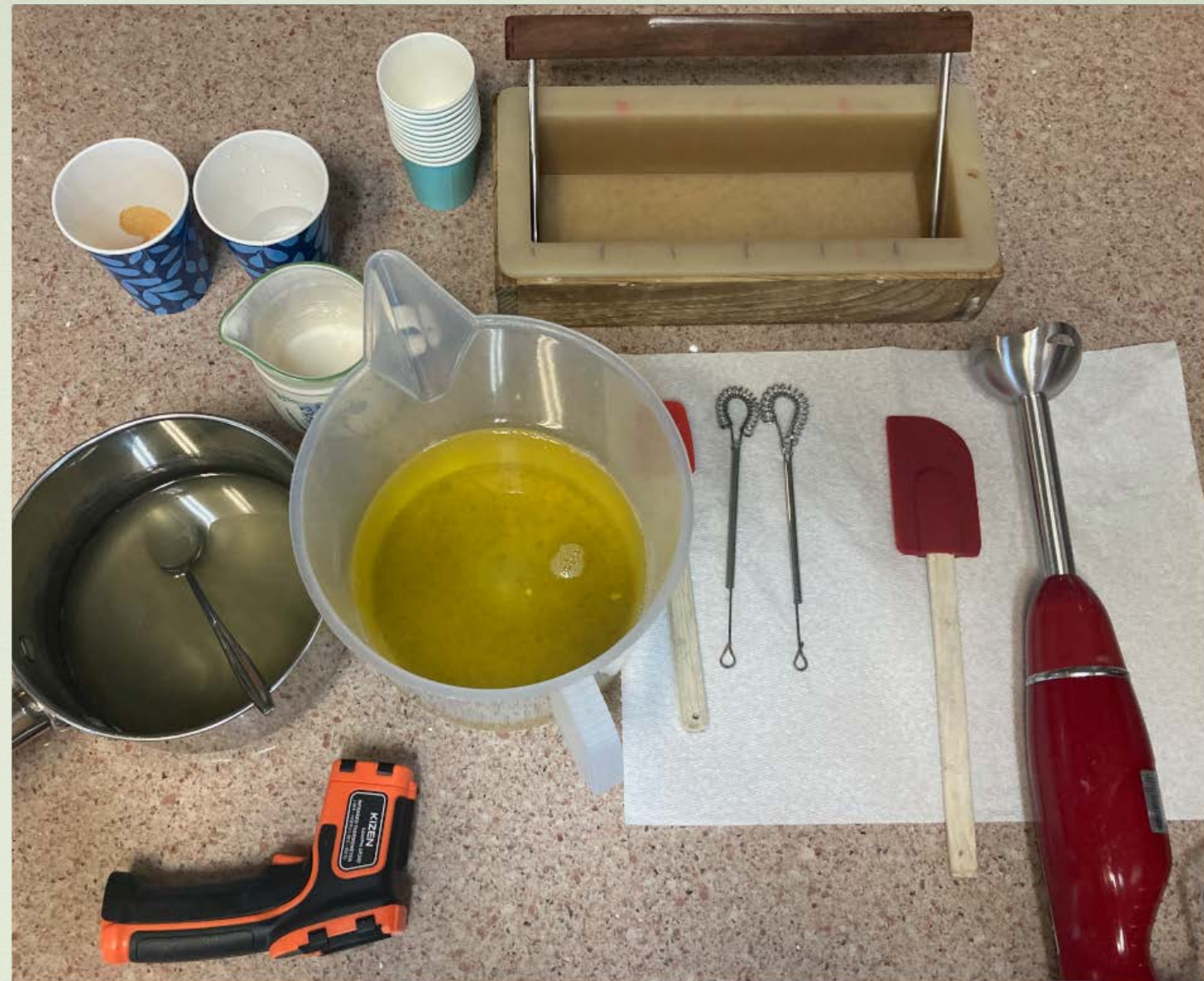


Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Organic Olive Oil
3. 10.1 oz of Organic Shea butter
4. 9.1 oz of Filtered Water
5. 4.8 oz of Food Grade NaOH
6. 2 Cotton balls size Eri Silk



Setup:



The ingredients of the soap are shown above. The length of silk I used is shown above. Eri is pronounced "Airy"

Fragrance:

1. 1.2 oz Peppermint Essential Oil
2. 0.3 oz Organic Jojoba Oil
3. 2 TBS White

Colors:

1. 1 tsp Sahara Gold added to 2 oz of soap



Right click the image to open and watch the video

Eri "Peace" Silk Cold Process Soap Making



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CHAPTER 34

Super Basic Olive Oil Only Milk Carton Mold Cold Process Soap

Using common household items and without the need of a scale, a lovely Olive Oil only soap can be made following this recipe. I heated the Olive oil for 2 minutes in my microwave before adding the Lye water, which really helped speed trace and saponification. I made the soap in the evening and un-molded and cut it the next day-about 18 hours after making it. It would need to cure longer to be of optimum use, but I show a lather demonstration in this video of a bar I made only 22 hours after making the soap. After 28 hours or so, the pH of my soap was about 10, which is the pH that I consider ready to use That is pretty fast for an Olive oil cold process soap. Peppermint Essential oil is added to this soap, but you can make it without fragrance if you choose. I find the soap is very smooth, nice and refreshing and has a pretty good lather for Olive Oil only soap.





Soap Ingredients:

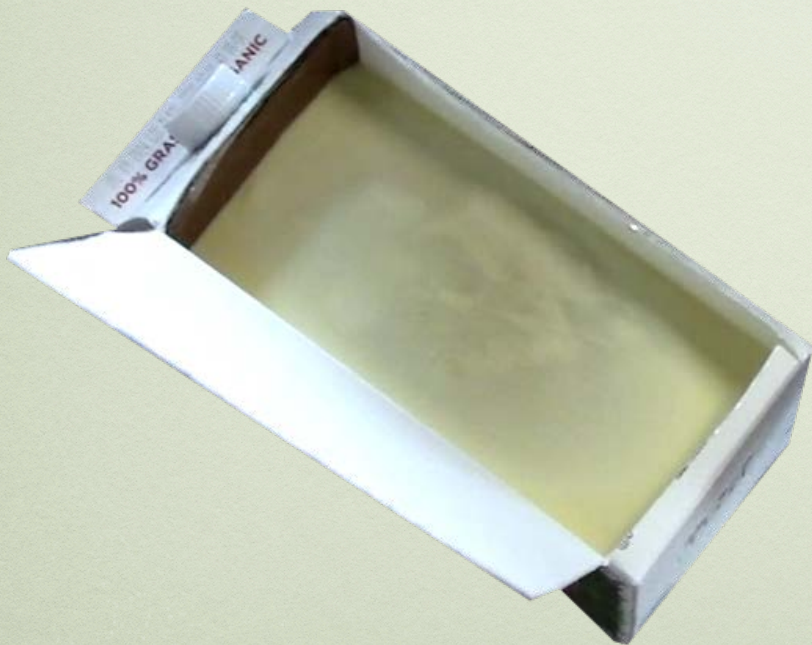
1. One, 1 Liter Bottle (34-35 oz) of Organic First Cold Pressed Tunsian Virgin Olive Oil
2. 1/2 level measuring cup of Food Grade NaOH (4.55 oz)
3. 9 oz of filtered or distilled water
4. Optional Ingredient: 5 Tablespoons (1.7 oz) Peppermint Essential Oil



The Lye was added to the water under a fume hood.

No colorants were added.

A milk carton made the perfect size mold.



Setup:



Right click the image to open and watch the video

Super Basic Olive Oil Only Milk Carton Mold Cold Process Soap



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CHAPTER 35

Easy Sunflower Leaves and Stem Hanger Swirl Cold Process Soap



I love how easy it is to make this beautiful soap design. First, almost all of the whitened soap is poured into a mold. Then, green lines are poured down the middle of the mold from cups. The green lines are pushed by a hanger tool in a way I will show you to make leaves and a stem. Finally, flowers are poured on top of the stem from cups of yellow and orange color. The soap is mostly white with small amounts of artfully placed color to provide amusement. I intend to make more flowers this way!



Soap Ingredients:

1. 12 oz Organic Coconut Oil
2. 12 oz Olive Oil
3. 10.1 oz Refined Shea butter
4. 9.1 oz Filtered water
5. 4.8 oz of Food Grade NaOH
6. 2 cotton balls size Eri Silk

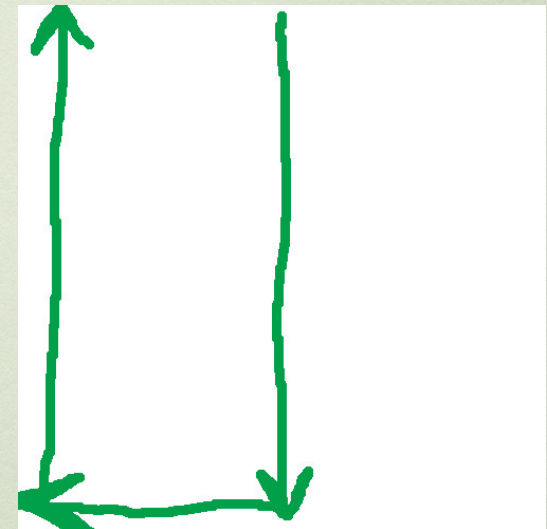
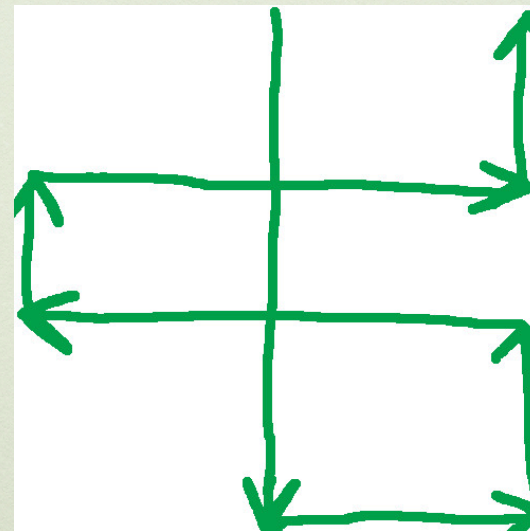
Colors:

1. 1/4 tsp Love and Sunshine Yellow added to 2 oz of soap
2. 1/8 tsp Orange Vibrance added to 1 oz of soap
3. 1/2 tsp Laurel Green added to 2 oz of soap
4. 1/16 tsp Activated Charcoal + 1/8 tsp Laurel Green added to 0.5 oz of soap (for center of flowers)
5. 1/8 tsp Lustrous brown added to 1 oz soap
6. 1/8 tsp Lustrous brown + 1/2 tsp Laurel Green added to 0.5 oz soap

Fragrance:

1. 0.95 oz Organic Lemon Essential Oil
2. 0.55 oz Organic Orange Essential Oil
3. 0.15 oz Organic Jojoba Oil
4. 2 TBS White

Setup:



Right click the image to open and watch the video

Easy Sunflower Leaves and Stem Hanger Swirl Cold Process Soap



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CHAPTER 36

Real Time Translucent Soap Making



In this video, I show all the steps I take to make my favorite translucent soap recipe. The soap has very nice qualities. It is not wet or slimy as many of the other translucent soaps are in this humid weather, and it makes a beautiful soap. It is a pretty long lasting soap as well. It is very important to use a pitcher large enough to hold the soap as it expands. I used a 3 L Polypropylene Beaker for a 48 oz soap recipe and this recipe has never come close to expanding to the point of overflow because I stir it with a spoon when it starts to expand. But to be safe, I have a large stainless steel bowl nearby while I mix it near the end, just in case. To make the soap, I began by measuring the oils and glycerin into my pitcher and heating them to 170-200 deg. F. Then, I add the lye water and mix it well. I continue to heat the soap in the microwave in 15-30 sec increments (while carefully watching it) and mixing the soap between heating. When a little frothy head starts to form on the soap in the microwave, I take it out and mix it. When the soap looks smooth like taffy, I use pH strips to test the pH. After about a total of 30 sec to 2 minutes of the heating/mixing cycle, the pH goes from 13 or 14 to between about 10. The soap looks creamy -almost like taffy at this point. When the soap had finished its saponification (pH of 10 or less), I add the sugar water, then the alcohol, and mix it all until it is homogeneous using a spoon or my stick blender. It may look cloudy at first, but when you just put it aside, after a couple of minutes, it becomes translucent -not transparent- but a lovely golden, translucent soap.

Soap Ingredients:

1. 6.75 oz Organic Coconut oil (76 deg)
 2. 6.6 oz Palm oil
 3. 3.5 oz Castor Oil
 4. 2.1 oz Organic Stearic Acid
 5. 6.25 oz Filtered Water
 6. 2.9 oz Food Grade NaOH
 7. 3.25 oz Water for sugar
 8. 4.55 oz white sugar
 9. 4.2 oz organic glycerin
 10. 7.8 oz 190 proof grain alcohol
- Total oz of soap batch: 47.9 oz

I keep the soap warm during my pours using this instapot

Setup:



I used my Insta-Pot to keep little silicon containers filled with the translucent soap warm while I worked. I set the Insta-Pot on "Keep Warm" low. This worked well and gave me as much time as I wanted to pour the colors.

Directions: It is very important to use a pitcher large enough to hold the soap as it expands. I used a 3 L Polypropylene Beaker for a 48 oz soap recipe and this recipe has never come close to expanding to the point of overflow. But to be safe, I have a large stainless steel bowl nearby while I mix it near the end, just in case. To make the soap, I began by measuring the oils and glycerin into my pitcher and heating them to 170-200 deg. F. Then, I add the lye water and mix it well. I continue to heat the soap in the microwave in 15-30 sec increments (while carefully watching it) and mixing the soap between heating. When a little frothy head starts to form on the soap in the microwave, I take it out and mix it. When the soap looks smooth like taffy, I use pH strips to test the pH. After about a total of 2 minutes of the heating/mixing cycle, the pH goes from 13 or 14 to between about 10. The soap looks creamy -almost like taffy at this point. When the soap had finished its saponification (pH of 10 or less), I add the sugar water and alcohol and mix it all until it is homogeneous using a spoon or my stick blender. It may look cloudy at first, but when you just put it aside, after a couple of minutes, it becomes translucent -not transparent- but a lovely golden, translucent soap.

Right click the image to open and watch the video

Real Time Translucent Soap Making



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